



FANTASY Football Guide

The contents in the Fantasy Football Guide may not represent the same view or opinion of Phil Steele as he does not study fantasy football. The info in this guide has been compounded by members of Phil Steele's staff.

With the growth of Fantasy Football no Scorebook or Magazine would be complete without a section devoted to it. The following guide will hopefully help you be more prepared to have a better and more productive season in 2009. If you have any questions about our fantasy guide, write an email to rolf@philsteele.com. We hope you enjoy this Fantasy Football Section.

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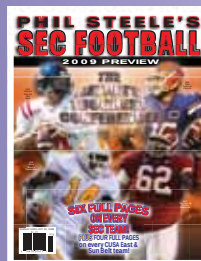
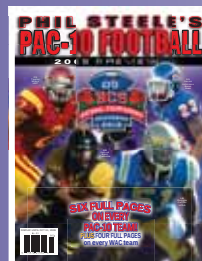
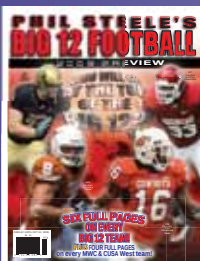
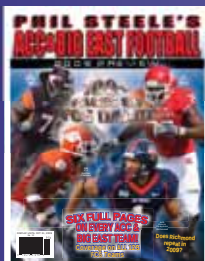


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STRATEGIES OF FANTASY FOOTBALL

The following pages offer strategies that will help make 2009 your Super Bowl year. They consist of strategies for preparing for the draft, strategies during the draft and game day strategies. None of these strategies are set in stone. Use them as guides and keep them in mind as you look through the 2009 season. Since we again have a section on Auctions this year, keep in mind that these strategies work in a draft or Auction.

PREPARING FOR THE DRAFT/AUCTION

1) STUDY, STUDY, STUDY!!!

The more you know about the players available in the draft, the easier it will be to field a competitive team. This is especially true in the later stages after the Top 100 players have been selected. If your league has 12 teams & 15 players on each team, you must have a list of at least 263 players. A sound rule is to rank your top 32 quarterbacks, 60 running backs, 75 receivers, 32 tight ends, 32 kickers & 32 defenses. You should also take a look at the teams coaching situation. For instance, this season Todd Haley takes over as HC of the Chiefs will convert the Chiefs from a run-oriented rush offense to more of a pro-style scheme giving 1st year KC QB Matt Cassel more chances to look downfield and challenge last year's lofty stats with the Patriots.

2) KNOW YOUR SCORING SYSTEM

Make sure you take into account the scoring system your Fantasy Football League uses when ranking your players. For example, if you are in a league that uses the Basic Scoring Method, you would want to lower the rankings of those players that are used between the twenties & rack up yards but get taken out of the game in the Red Zone. Conversely, you would raise those players who may not be as productive yardage-wise but get the ball when the team is close to the goal line.

3) MOCK DRAFT

Running a mock draft let's you predict the players that you might expect to choose from when your pick comes. If you do this for the first several rounds, it allows you to formulate a draft strategy before the draft even begins. To be as effective as possible be realistic when doing your preparations, if you have the twelfth pick in the draft, chances are very good that not all 11 owners picking in front of you will "miss" picking up Vikings RB Adrian Peterson.

4) PRIORITIZE POSITIONS

You must evaluate the NFL talent pool prior to your draft, making note of the elite players at each position. If you feel there are 20 quality running backs & only 6 top quarterbacks, your emphasis should be on drafting a QB first & picking up your running back in the next rounds. Have a strategy!

5) LISTEN TO COMPETING TEAM OWNERS

If you can get a feel for what your fellow owners are going to do on draft day, you can adjust your draft strategies accordingly. If the person drafting first comes to the draft wearing a Chargers jersey, it is probably safe to say that you're going to have to look for a different quarterback other than Philip Rivers. The Fantasy Football Draft is as much about predicting when a player will be selected & waiting as long as possible to draft him, while scooping up other key players before someone else picks them up, as it is about drafting the best available players.

6) LOOK AT THE OFFENSIVE LINE

Yes we know that offensive linemen don't score very often, but consider this. If a running back loses 3/5 of his blocking corps, his numbers will most likely go down. The same is true if a quarterback loses two excellent pass blockers. It helps to have an idea of how each team's offense shapes up for the upcoming year.

7) PAY ATTENTION TO BYE WEEKS

When the Texans joined the league in 2002 there again was an even number of teams, which means the NFL is back to the mid 90's schedule model, with most byes in midseason. That will help late in the season when the Fantasy Playoffs roll around. Refer to the Draft Day Reference Page to see who's on bye each week.

DRAFT DAY STRATEGIES

1) MARQUEE NFL PLAYERS AREN'T ALWAYS THE BEST FFL PLAYERS

This is a game of stats, don't draft for intangibles. Matt Hasselbeck has set records with the Seahawks, but he is barely a good backup QB at this point. Remember, you only accumulate points when your players score a lot of points or gain a lot of yards! Big name players late in their careers are at best back up fodder.

2) WATCH ACQUIRING TOO MANY PLAYERS WITH THE SAME BYE WEEK

The bye Wk used to be scheduled on a division by division basis but the NFL has changed that policy. However, you still must pay attention to bye weeks. Having both of your QB's take the same Wk off will make things difficult especially if the majority of QB's are drafted by teams in the league. You may end up having to pick up the NFL's last ranked QB with the outlook of few points or have to pay more than necessary in a trade as other owners see your predicament.

3) BE CAREFUL WHEN ACQUIRING PLAYERS FROM THE SAME TEAM

If two or three players are drafted from the same NFL team, you could also run into problems during bye weeks. Even with a team that scores a lot like the Saints or Chargers last year if that team has a poor Wk & doesn't score much with two or three players on your roster, you could be in for a bad Wk. If that happens in the fantasy playoffs, your season would probably be over.

4) LOOK FOR CONSISTENT PLAYERS

Players that score 1 TD three out of four weeks are more valuable than the player that scores 3 TD's one Wk but doesn't score again for four weeks.

5) LOOK FOR DURABLE PLAYERS

It is, of course, impossible to predict injuries, just ask anyone that had Willie Parker & was scrambling for a RB in the middle of last season. However, if a player consistently sits out several games a year due to injuries they might be considered a bigger risk than the player who usually plays the entire 16 game schedule.

6) TRY TO MAKE YOUR RB's & WR's THE "GO TO" GUYS ON THEIR TEAMS

Simply put, these are the players that score the most & get the most yards. The best scenario is that the "Go To" WR has a solid compliment to offset double teams & to keep defenses from keying on them. Unfortunately, this is not always the case.

7) KEEP TRACK OF WHAT IS GOING ON DURING THE DRAFT

This could help you decide which player to choose. As an example say you have the 3rd last pick of the 2nd round & then therefore the 3rd pick of the 3rd round. You went with a WR with your first pick & are deciding between a QB & RB. Keeping track of what other owners have taken you note that the two owners that are choosing after you have both already taken a QB. Therefore, the odds are that you would be able to take the RB now & not worry about losing the QB of your choice. Create a simple graph of all the teams in your league with the team numbers on top and positions (QB, RB, WR, etc) on the side. Check off when each team selects a position. With a quick look you will be able to tell who is in need of what position.

8) KICKERS DO MATTER!

Just like in the NFL, good kickers can win or lose close games for you. A Top 5 PK can give you about a 3 point edge each wk. While drafting a kicker before the 5th round is ordinarily unadvisable, if you're not passing on a solid RB or receiver, any time after that should be OK. Once one is taken, there is often a run on kickers.

9) DEFENSE / SPECIAL TEAMS

Make sure to take a look at the personnel here. Are the return men still with the team? Have the defensive personnel changed or are they basically intact? Has the DEF coordinator or special teams coaches left, which could mean a different philosophy? Knowing your scoring system is very important here as some leagues have a premium on sacks while in others points allowed are key, thereby making defensive rankings decidedly different. All these items should be reviewed prior to making your rankings.

10) BE AWARE OF A TEAM'S REALISTIC PLAYOFF CHANCES

NFL teams that clinch home field early historically will rest their players during weeks that you are in your Fantasy Football playoffs & quite often, your Super Bowl. Many times, drafting a good player on a team that should have to work for a playoff spot will ensure that your player is on the field for your Super Bowl. Also, a great situation happened last year when both RB's Michael Turner (430 yds, 3 TD's) & DeAngelo Williams (374 yds, 5 TD's) had a great final 3 weeks as their teams were trying to qualify for the playoffs. Team owners with those two players probably won their Super Bowl. Keep that in mind as the season progresses.

For Game Day...

PLAY THE RIGHT PLAYERS Know what team your players are playing against & play your 2nd & 3rd stringers VS weaker opponents. But keep your starters in the game.

In closing, there is definitely a degree of luck that goes into playing Fantasy Football, but the more prepared you are, the more you will increase your chances of being successful. When vying for your Fantasy Football Championship, go into your draft or Auction prepared & end the season a Winner!

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PHIL STEELE PUBLICATIONS' FANTASY FOOTBALL AUCTION GUIDELINES

The popular twist to the greatest game in town is the Player Auction. Your league will stay the same in every other way, but you will never look at acquiring players the same way again. Have you ever had the owner in front of you draft the player that you wanted when you thought you had him "wrapped-up"? Of course you have, it probably happens a few times during your draft. Except for the players you consider to be "sleepers" you are just selecting the next best player available at that time. The Player Auction puts you back in control. You now have the power to get those players you want, it just depends on how badly you want those players and how much of your Salary Cap you are willing to part with to get them on your team.

Basic Guidelines:

The Player Auction is based on a Salary Cap determined before Auction Day. Make sure you know what that dollar amount is well before that day so you can plan accordingly. Do not determine the Salary Cap at the auction!!! Some of you will be expecting a \$200 Cap and others a \$5,000 Cap. Once the Salary Cap is determined you will need to assign a dollar amount to each of your ranked players. There are many books out there that do this for you, our recommendation is to compare a few to set your own pricing guide. Of course on each of our position pages we provide you with Phil Steele's Publication Auction Value for each player/position. Once you have your pricing set, you are ready for the auction to begin. The auction starts out like a draft, with an order based on last year's results or random numbers assigned to each Team Owner. This is the order that determines who suggests the next player to bid on. The #1 Team Owner offers a player's name, for example Adrian Peterson, and also states the opening bid, lets say \$23. (We are using \$200 as our Salary Cap) The #2 Owner either passes, in which case is then out of the bidding for this player permanently, or states a higher bid. This process goes in order through all of the owners until one of you makes a bid that no one else wants to outbid.

One other way to bid is the "Open Bid System" in which the next owner states a name, and an open bidding begins with anyone offering a higher bid until one owner gets the player. This system goes much quicker, but is also more confusing for new Owners and leagues using the auction format for the first time. If your league has experienced owners and has held a Player Auction already, this might be the way to go.

Auction Strategy:

One of the biggest pitfalls that you might fall into is a bidding war early in the auction. Because of the excitement, you might feel the urge to jump in and bid on all the players, or to raise a bid on a player that you are not even sure you want. Don't do it or you can get stuck with a player you don't really want. Another pitfall is paying too much for that marquee player. If a marquee player scores 20 TD's and bids for \$22, is Player B that scores 15 TD's and bids for \$12 the better buy? Usually YES! You have already spent time creating your player lists and Pricing Guide, use it wisely and don't overbid often. At the end of the auction you will have some players you spent more on than you thought you should and some that you got for much less than planned. A simple guideline would be not to spend more than 17% of your Salary Cap for your best player. This is just a guide, if you spend 19 or 20% its OK, just plan accordingly for the rest of the auction. Remember, be patient and stick to your plan. Towards the end of the auction few of the owners will have much of their Cap money left. Most leagues require you to fill all of your position spots, so let's assume you need to fill 15. If you have 3 positions open and only have \$4 remaining, you cannot bid more than \$2 for your next position, and will likely get stuck with inferior depth players.

Because everyone gets many chances to nominate players, you need to make a list of who you wish to nominate before the auction. There is strategy in making this list that might not be apparent to first time auction participants. When a player is nominated, the owner suggesting that player is immediately thought to "like" or "want" that player. With that in mind, that owner might pay more for this player he wants than you would. Understanding this, do not nominate your Sleeper Picks, at least not until later in the auction. Preferably these players will be left for stages where someone else suggests them and you can get them for a song. Make your list up of players that are known and will create interest for most other team owners. Try to stay away from the marquee players as well, let someone else bring them up, taking one less bid out of the process for you to get that big gun on your team. ***During the auction, it is a good idea to keep track of how much money each team owner has left of his Salary Cap. With this in mind you can better judge when to nominate or bid aggressively on players you desire.***

Keeper Leagues & Auctions:

We always must look to the future, and a Player Auction creates a few new twists for next year's Keeper League. Some rules to consider are how much of the Salary Cap should each Protected Player cost the owner, how many players are you allowed to protect, and does your league have a Franchise Player rule? Charging between 100% to 150% of last year's player cost is normal for Protected Players. Most leagues will allow you to protect from 1 to 5 players. We believe 1 or 2 is a good number, as more than that lends towards a lengthy reign from one or two loaded teams. One way around this is to charge a higher percentage, thus Drew Brees' \$40 in 2008 would be \$60 in 2009, leaving only \$140 for 14 more positions. Most likely Brees would be unprotected and could be acquired for less than \$60 in the bidding war and would lend to some extra excitement knowing some marquee players would be available. Check with your Commissioner well in advance of your draft to confirm when you must turn in your Protected List and who everyone else is protecting. Finally, some leagues allow a designated Franchise Player. In this case the Team Owner would just pay the original player cost or a cheaper % than a regular protected player.

One Final Note:

There are many schools of thought as to which method of player procurement is "better" in a fantasy league. To us, it doesn't really matter, as there are merits to both methods. Our advice is to agree on a method early and stick to it, because the key to any fantasy league is to **HAVE FUN**, so whatever works best in your situation is our recommendation for what you should do. **GOOD LUCK!**

TOP 40 QUARTERBACKS FOR 2009

Usually an owner's draft position determines how fast he goes for a QB. Those drafting early will go for one of the high profile players while others look for value early. It's important to have a backup ready & not be afraid to check the waiver wire for those outperforming their preseason rankings.

NAME	TM	HT	WT	AGE	YR	BYE	AV
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1. DREW BREES

1. DREW BREES				NO 6-0 209 30 9 5 20%									
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	635	413	65	5069	8.0	34	17	96.2	10	22	-1	0.0	0
2007	652	440	68	4423	6.8	28	18	89.4	5	23	52	2.3	1
2006	544	356	64	4418	8.0	26	11	96.3	8	42	32	0.7	0
L3Y AVG	610	403	66	4637	7.6	29	15	93.9	8	29	28	1.0	0

2. TOM BRADY

2. TOM BRADY													
	NE							6-4	225	32	10	8	20%
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008*	11	7	64	76	6.9	0	0	83.9	0	0	0	0.0	0
2007	578	398	69	4806	8.3	50	8	117.2	8	37	98	2.6	2
2006	516	319	62	3529	6.8	24	12	87.9	3	49	102	2.1	0
'06-'07 AVG	547	357	66	4168	7.6	37	10	103.2	6	43	100	2.3	1

3. PEYTON MANNING

3. PEYTON MANNING														
	IND	6-5	230	33	12	6	19%							
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD	
2008	555	371	69	4002	7.2	27	12	95.0	4	20	2	1.0	1	
2007	515	337	65	4040	7.8	31	14	98.0	3	20	(-5)	(-0.3)	3	
2006	557	362	65	4397	7.9	31	9	104.1	6	23	36	1.6	4	
L3Y AVG	542	357	66	4146	7.6	30	12	99.0	4	21	17	0.97	3	

4. PHILIP RIVERS

4. PHILIP RIVERS				SD		6-5		228	27	8		5	19%
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	478	312	65	4009	8.4	34	11	105.5	5	31	84	2.7	0
2007	460	277	60	3152	6.9	21	15	82.4	2	29	33	1.1	1
2006	460	284	62	3388	7.4	22	9	92.0	2	48	49	1.0	0
L3Y AVG	466	291	62	3516	7.6	26	12	93.3	3	36	55	1.6	0

5. AARON RODGERS

5. AARON RODGERS				GB	6-2	220	25	5	5	18%			
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	536	341	64	4038	7.5	28	13	93.8	4	56	207	3.7	4
2007	28	20	71	218	7.8	1	0	106.0	0	7	29	4.0	0
L2Y AVG	282	181	64	2128	7.6	15	7	99.9	1	32	118	3.7	2

6. TONY ROMO

6. TONY ROMO														DAL	6-2	225	29	7	6	18%
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD							
2008	450	276	61	3448	7.7	26	14	91.4	6	28	41	1.5	0							
2007	520	335	64	4211	8.1	36	19	97.4	7	31	129	4.2	2							
2006	337	220	65	2903	8.3	19	13	95.1	3	34	102	3.0	0							
L3Y AVG	436	277	63	3520	8.0	27	15	94.6	5	31	91	2.9	1							

7. DONOVAN MCNABB

7. DONOVAN MCNABB														
	PHI	6-2	240	32	11	4	17%							
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD	
2008	571	345	60	3916	6.9	23	11	86.4	3	39	147	3.8	2	
2007	473	291	62	3324	7.0	19	7	89.9	3	50	236	4.7	0	
2006	316	180	57	2647	8.4	18	6	95.5	4	32	212	6.6	3	
L3Y AVG	453	272	60	3296	7.4	20	8	90.6	3	40	198	5.0	2	

8. KURT WARNER

8. KURT WARNER														
	ARI	6-2	222	38	12	4	17%							
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD	
2008	598	401	67	4583	7.7	30	14	96.9	7	18	-2	0.1	0	
2007	451	281	62	3417	7.6	27	17	89.8	4	17	15	0.9	1	
2006	168	108	64	1377	8.2	6	5	89.3	2	13	3	0.2	0	
L3Y AVG	406	263	65	3126	7.8	21	12	92.0	4	16	5	0.4	0	

9. JAY CUTLER

9. JAY CUTLER													
	CHI 6-3 233 26 4 5 16%												
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	616	384	62	4526	7.3	25	18	86.0	8	57	200	3.5	2
2007	467	297	64	3497	7.5	20	14	88.1	2	44	205	4.7	1
2006	137	81	59	1001	7.3	9	5	88.5	0	12	18	1.5	0
L3Y AVG	407	254	62	3008	7.3	18	12	87.5	3	38	141	3.2	1

10. MATT RYAN

10. MATT RYAN													
	ATL 6-4 220 24 1 4 16%												
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	434	265	61	3440	7.9	16	11	87.7	2	55	104	1.9	1
AVG	434	265	61	3440	7.9	16	11	87.7	2	55	104	1.9	1

NAME	TM	HT	WT	AGE	YR	BYE	AV
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11. CARSON PALMER

11. CARSON PALMER													
	CIN						6-5	230	29	7	8	15%	
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	129	75	58	731	5.7	3	4	69.0	0	6	38	6.3	0
2007	575	373	65	4131	7.2	26	20	86.7	5	24	10	0.4	0
2006	520	324	62	4035	7.8	28	13	93.9	2	26	37	1.4	0
L3Y AVG	408	257	62	2966	6.9	19	12	83.2	2	19	28	2.7	0

12. MATT CASSEL

12. MATT CASSEL																
	KC				6-4		230		27		5		8		15%	
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD			
2008	516	327	63	3693	7.2	21	11	89.4	3	73	270	3.7	2			
2007	4	7	57	38	5.4	0	1	32.7	0	4	12	3.0	1			
L2Y AVG	260	167	64	187	7.2	11	6	61.1	1	39	141	3.6	2			

13. BEN ROETHLISBERGER

13. BEN ROETHLISBERGER														
	PIT	6-5	241	27	6	8	14%							
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD	
2008	469	281	60	3301	7.0	17	15	80.1	3	34	101	3.0	2	
2007	404	264	65	3154	7.8	32	11	104.1	0	35	204	5.8	2	
2006	469	280	60	3513	7.5	18	23	75.4	2	32	98	3.1	2	
L3Y AVG	447	275	62	3323	7.4	22	16	86.5	2	34	134	4.0	2	

14. ELI MANNING

14. ELI MANNING							NYG	6-4	225	28	6	10	14%
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	479	289	60	3238	6.8	21	10	86.4	1	20	10	0.5	1
2007	529	297	56	3336	6.3	23	20	73.9	2	29	69	2.4	1
2006	522	301	58	3244	6.2	24	18	77.0	1	25	21	0.8	0
L3Y AVG	510	296	58	3273	6.4	23	16	79.1	1	25	33	1.2	1

15. BRETT FAVRE

15. BRETT FAVRE															
	MIN						6-2	222	39	19				9	13%
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD		
2008	522	343	66	3472	6.7	22	22	81.0	0	21	43	2.0	1		
2007	535	356	67	4155	7.8	28	15	95.7	7	29	12	0.4	0		
2006	613	343	56	3885	6.3	18	18	72.7	3	23	29	1.3	1		
L3Y AVG	557	347	62	3837	6.9	23	18	83.1	3	28	28	1.0	1		

16. MATT SCHAUB

16. MATT SCHAUB				HOU		6-5	237	28	6	10	13%		
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	380	251	66	3043	8.0	15	10	92.7	4	31	68	2.2	2
2007	289	192	66	2241	7.8	9	9	87.2	1	17	52	3.1	0
2006	27	18	67	208	7.7	1	2	71.2	0	7	21	3.0	0
L3Y AVG	232	154	66	1831	7.8	8	7	83.7	2	18	47	2.8	1

17. KYLE ORTON

17. KYLE ORTON				DEN 6-4 217 26 5 7 12%									
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	465	272	59	2972	6.4	18	12	79.6	1	24	49	2.0	3
2007	80	43	54	478	6.0	3	2	73.9	0	5	-1	-0.2	0
2005	368	190	52	1869	5.1	9	13	59.7	0	24	44	1.8	0
3Y AVG	304	168	55	1773	5.8	10	9	71.1	0	18	31	1.7	1

18. MATT HASSELBECK

18. MATT HASSELBECK													
	SEA						6-4	225	34	11	7	12%	
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	209	109	52	1216	5.8	5	10	57.8	0	11	69	6.3	1
2007	562	352	63	3966	7.1	28	12	91.4	3	39	89	2.3	0
2006	371	210	57	2442	6.6	18	15	76.0	0	18	110	6.1	1
L3Y AVG	381	224	57	2541	6.5	17	12	75.0	1	23	89	4.9	1

19. TRENT EDWARDS

19. TRENT EDWARDS				BUF	6-4	231	26	3	9	11%			
	ATT	COMP	%	YDS	YPA	TD	INT	QBR	300YD	ATT	YDS	YPC	TD
2008	374	245	66	2699	7.2	11	10	85.4	0	36	117	3.1	3
2007	269	151	56	1630	6.1	7	8	70.4	0	14	49	3.5	0
L2Y AVG	322	198	61	2165	6.7	9	9	77.9	0	25	83	3.3	1.5

NAME	TM	HT	WT	AGE	YR	BYE	AV
21. JAKE DELHOMME	CAR	6-2	215	34	12	4	10%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	414 246 59 3288	7.9 15	12 84.7	0	20	21	1.0 2
2007	86 55 64 624	7.3 8	1 111.8	1	6	26	4.3 0
2006	431 263 61 2805	6.5 17	11 82.6	1	18	12	0.7 0
L3Y AVG	310 188 61 2239	7.2 13	8 93.0	1	15	20	2.0 1

22. DAVID GARRARD	JAX	6-2	240	31	8	7	10%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	535 335 63 3620	6.8 15	13 81.7	2	73	322	4.4 2
2007	325 208 64 2509	7.7 18	3 102.2	0	49	185	3.8 1
2006	241 145 60 1735	7.2 10	9 80.5	0	47	250	5.3 0
L3Y AVG	367 229 62 2621	7.2 14	8 88.1	1	56	252	4.5 1

23. JOE FLACCO	BAL	6-6	230	24	2	7	9%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	428 257 60 2971	6.9 14	12 80.3	0	52	180	3.5 2
AVG	428 257 60 2971	6.9 14	12 80.3	0	52	180	3.5 2

24. BRADY QUINN	CLE	6-3	235	24	2	9	9%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	89 45 51 518	5.8 2	2 66.6	0	5	21	4.2 0
AVG	89 45 51 518	5.8 2	2 66.6	0	5	21	4.2 0

25. SHAUN HILL	SF	6-3	220	29	8	6	8%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	288 181 63 2046	7.1 13	8 87.5	1	24	115	4.8 2
AVG	288 181 63 2046	7.1 13	8 87.5	1	24	115	4.8 2

26. JAMARCUS RUSSELL	OAK	6-6	260	23	3	9	8%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	368 198 54 2423	6.6 13	8 77.1	0	17	127	7.5 1
2007	66 36 55 373	5.7 2	4 55.9	0	5	4	0.8 0
L2Y AVG	217 117 54 1398	6.4 8	6 73.9	0	11	66	6.0 1

27. CHAD PENNINGTON	MIA	6-3	225	32	10	6	7%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	476 321 67 3653	7.7 19	7 97.4	2	3	4	1.3 0
2007	260 179 69 1765	6.8 10	9 86.1	0	20	32	1.3 1
2006	485 313 65 3352	6.9 17	16 82.6	0	35	109	3.1 0
L3Y AVG	407 271 67 2923	7.2 15	11 88.7	1	19	48	2.5 0

28. MARC BULGER	STL	6-3	212	32	9	9	7%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	440 251 57 2720	6.2 11	13 71.4	1	14	41	2.9 0
2007	378 221 59 2392	6.3 11	15 70.3	3	9	13	1.4 0
2006	588 370 63 4301	7.3 24	8 92.9	8	18	44	2.4 0
L3Y AVG	469 281 60 3137	6.6 15	12 78.2	4	14	33	2.2 0

29. MARK SANCHEZ	NYJ	6-2	227	22	R	9	6%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
•ROOKIE•							

30. KERRY COLLINS	TEN	6-5	245	36	16	7	6%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	415 242 58 2676	6.4 12	7 80.2	0	25	49	2.0 0
2007	82 50 61 531	6.5 0	0 79.9	0	3	-3	-1.0 0
2006	90 42 46.7 549	6.1 1	6 42.3	0	0	0	0 0
L3Y AVG	196 111 57 1252	6.4 4	4 67.5	0	9	15	1.7 0

31. LUKE MCCOWN	TB	6-3	212	27	6	8	5%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2007	139 94 68 1009	7.3 5	3 91.7	0	3	15	5.0 0
2004	98 48 49 608	6.2 4	7 52.6	0	6	25	4.2 0
2Y AVG	119 71 60 809	6.8 5	5 75.2	0	5	20	7.5 0

32. DAUNTE CULPEPPER	DET	6-4	260	32	11	7	5%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	115 60 52 786	6.8 4	6 63.9	0	12	25	2.1 1
2007	186 108 58 1331	7.2 5	5 78.0	0	20	40	2.0 3
2006	134 81 60 929	6.9 2	3 77.0	0	10	20	2.0 1
L3Y AVG	145 83 57 1015	7.0 4	4 73.0	0	14	28	2.0 2

NAME	TM	HT	WT	AGE	YR	BYE	AV
33. BYRON LEFTWICH	TB	6-5	250	29	7	8	5%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	36 21 58 303	8.4 2	0 104.3	0	4	7	1.8 1
2007	58 32 55 279	4.8 1	2 59.5	0	6	7	1.2 0
2006	183 108 59 1159	6.3 7	5 79.0	0	25	41	1.6 2
L3Y AVG	92 54 58 580	6.3 3	2 80.9	0	12	18	1.5 1

34. DEREK ANDERSON	CLE	6-6	229	26	5	9	5%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	283 142 50 1615	5.7 9	8 66.5	1	25	55	2.2 0
2007	527 298 57 3787	7.2 29	19 82.5	3	32	70	2.2 3
2006	117 66 56 793	6.8 5	8 63.1	0	4	47	11.8 0
L3Y AVG	309 169 54 2065	6.6 14	12 70.7	1	20	57	5.4 1

35. SAGE ROSENFELS	MIN	6-4	224	31	9	9	5%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	174 116 67 1431	8.2 6	10 79.5	0	11	37	3.4 0
2007	240 154 64 1684	7.0 15	12 84.8	0	21	51	2.4 1
2006	39 27 69 265	6.8 3	1 103.0	0	4	5	1.3 0
L3Y AVG	151 99 66 1127	7.5 8	8 89.1	0	12	31	2.6 0

36. MATTHEW STAFFORD	DET	6-2	225	21	R	7	5%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
R O O K I E							

37. MATT LEINART	ARZ	6-5	232	26	4	4	5%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	29 15 52 264	9.1 1	1 80.2	0	4	5	1.3 0
2007	112 60 54 647	5.8 2	4 61.9	0	11	42	3.8 0
2006	377 215 57 2547	6.8 11	12 74.0	0	22	49	2.2 2
L3Y AVG	173 97 56 1153	6.7 5	6 71.7	0	12	32	2.6 1

38. CHAD HENNE	MIA	6-3	230	23	2	6	5%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	12 7 58 67	5.6 0	0 74.0	0	0	0	0 0
AVG	12 7 58 67	5.6 0	0 74.0	0	0	0	0 0

39. JEFF GARCIA	OAK	6-1	205	39	11	9	5%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	376 244 65 2712	7.2 12	6 90.2	3	35	148	4.2 1
2007	327 209 64 2440	7.5 13	4 94.6	1	35	116	3.3 1
2006	188 116 62 1309	7.0 10	2 95.8	1	25	87	3.5 0
L3Y AVG	297 190 64 2154	7.2 12	4 93.6	2	32	117	3.7 1

40. TYLER THIGPEN	KC	6-1	224	25	3	8	5%
ATT COMP % YDS	YPA TD	INT	QBR	300YD	ATT	YDS	YPC TD
2008	420 230 55 2608	6.2 18	12 76.0	1	62	386	6.2 3
AVG	420 230 55 2608	6.2 18	12 76.0	1	62	386	6.2 3



Drew Brees
New Orleans

TOP 52 RUNNING BACKS FOR 2009

Running Backs are the most important position in fantasy football. They are one of the most reliable factors in scoring leagues & are good for bonus points in yardage leagues. RB's can play in all sorts of weather conditions & a pair of quality RB's can survive injuries and inconsistent performances by other players on a fantasy roster.

NAME		TM	HT	WT	AGE	YR	BYE	AV		
1. ADRIAN PETERSON		MIN	6-1	217	24	3	9	29%		
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	MIN	16	363	1760	4.8	10	21	125	6.0	0
2007	MIN	14	238	1341	5.6	12	19	268	14.1	1
L2Y AVG		15	301	1551	5.2	11	20	197	10.0	.5

2. MICHAEL TURNER				ATL	5-10	244	27	6	4	29%
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	SD	16	376	1699	4.5	17	6	41	6.8	0
2007	SD	16	71	316	4.5	1	4	16	4.0	0
2006	SD	13	80	502	6.3	2	3	47	15.7	0
L3Y AVG		15	176	839	5.1	7	4	35	8.8	0

3. MAURICE JONES-DREW										
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	JAX	16	197	824	4.2	12	62	565	9.1	2
2007	JAX	15	167	768	4.6	9	40	407	10.2	0
2006	JAX	16	166	941	5.7	13	46	436	9.5	2
L3Y AVG		16	177	844	4.8	11	49	469	9.6	1

4. MATT FORTE										
			CHI	6-2	216	23	2	5	28%	
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	CHI	16	316	1238	3.9	8	63	477	7.6	4
AVG		16	316	1238	3.9	8	63	477	7.6	4

5. LADAINIAN TOMLINSON										
	SD	5-10	221	30	9	5	27%			
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	SD	16	292	1110	3.8	11	52	426	8.2	1
2007	SD	16	315	1474	4.7	15	60	475	7.9	3
2006	SD	16	318	1466	4.6	18	56	470	8.4	2
L3Y AVG		16	308	1350	4.4	15	56	457	8.2	2

6. STEVEN JACKSON										
		STL	6-2	235	26	6	9	27%		
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	STL	12	253	1042	4.1	7	40	379	9.5	1
2007	STL	12	237	1002	4.2	5	38	271	7.1	1
2006	STL	16	346	1528	4.4	13	90	806	9.0	3
L3Y AVG		13	279	1191	4.2	8	56	485	8.5	2

7. CHRIS JOHNSON				TEN	5-11	200	23	2	7	26%
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	TEN	15	251	1228	4.9	9	43	260	6.0	1
AVG		15	251	1228	4.9	9	43	260	6.0	1

8. FRANK GORE										
			SF	5-9	217	26	5	6	26%	
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	SF	14	240	1036	4.3	6	43	373	8.7	2
2007	SF	15	260	1102	4.2	5	53	436	8.2	1
2006	SF	16	312	1695	5.4	8	61	485	8.0	1
L3Y AVG		15	271	1278	4.6	6	52	431	8.3	1

9. DEANGELO WILLIAMS				CAR	5-9	217	26	4	4	25%
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	CAR	16	273	1515	5.5	18	22	121	5.5	2
2007	CAR	16	144	717	5.0	4	23	175	7.6	1
2006	CAR	13	121	501	4.1	1	33	313	9.5	1
L3Y AVG		15	179	911	4.9	8	26	203	7.5	1

10. BRIAN WESTBROOK				PHI	5-10	203	30	8	4	25%
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	PHI	14	233	936	4.0	9	54	402	7.4	5
2007	PHI	15	278	1333	4.8	7	90	771	8.6	5
2006	PHI	15	240	1217	5.1	7	77	699	9.1	4
L3Y AVG		15	250	1162	4.6	8	74	624	8.3	5

11. CLINTON PORTIS		WAS	5-11	221	28	8	8	24%		
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	WAS	16	342	1487	4.3	9	28	218	7.8	0
2007	WAS	16	325	1262	3.9	11	47	389	8.3	0
2006	WAS	8	127	523	4.1	7	17	170	10.0	0
L3Y AVG		13	265	1091	4.1	9	31	259	8.7	0

12. MARSHAWN LYNCH										
	BUF	5-11	215	23	3	9	24%			
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	BUF	15	250	1036	4.1	8	47	300	6.4	1
2007	BUF	13	280	1115	4.0	7	18	184	10.2	0
L2Y AVG		14	265	1076	4.0	7.5	33	242	8.3	.5

NAME			TM	HT	WT	AGE	YR	BYE	AV	
13. THOMAS JONES			NYJ	5-10	215	31	10	9	23%	
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	NYJ	16	290	1312	4.5	13	36	207	5.8	2
2007	NYJ	16	310	1119	3.6	1	28	217	7.8	1
2006	CHI	16	296	1210	4.1	6	36	154	4.3	0
L3Y AVG		16	299	1214	4.1	7	33	193	6.0	1

14. MARION BARBER			DAL	6-0	225	26	5	6	23%	
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	DAL	15	238	885	3.7	7	52	417	8.0	2
2007	DAL	16	204	975	4.8	10	44	282	6.4	2
2006	DAL	16	135	654	4.8	14	23	196	8.5	2
L3Y AVG		16	192	838	4.4	10	40	298	7.6	2

15. BRANDON JACOBS										
		NYG	6-4	264	27	5	10	22%		
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	NYG	13	219	1089	5.0	15	6	36	6.0	0
2007	NYG	11	202	1009	5.0	4	23	174	7.6	2
2006	NYG	15	96	423	4.4	9	11	149	13.5	0
L3Y AVG		13	172	840	4.8	9	13	120	9.0	1

16. KEVIN SMITH										
				DET	6-1	217	22	2	7	22%
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	DET	16	238	976	4.1	8	39	286	7.3	0
AVG		16	238	976	4.1	8	39	286	7.3	0

17. STEVE SLATON		HOU	5-9	203	23	2	10	21%		
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	HOU	16	268	1282	4.9	9	50	377	7.5	1
AVG		16	268	1282	4.9	9	50	377	7.5	1

18. RYAN GRANT				GB	6-1	226	26	3	5	21%
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	GB	16	312	1203	3.9	4	18	116	6.4	1
2007	GB	15	188	956	5.1	8	30	145	4.8	0
2006	NYG	0	0	0	0.0	0	0	0	0.0	0
L2Y AVG		16	250	1080	4.5	6	24	131	5.6	.5

19. RONNIE BROWN			MIA	6-0	230	27	5	6	20%	
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	MIA	16	214	916	4.3	10	33	254	7.7	0
2007	MIA	7	119	602	5.1	4	39	389	10.0	1
2006	MIA	13	241	1008	4.2	5	33	276	8.4	0
L3Y AVG		12	191	842	4.5	6	35	306	8.7	0

20. JOSEPH ADDAI				IND	5-11	214	26	4	6	20%
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	IND	12	155	544	3.5	5	26	206	8.2	2
2007	IND	15	261	1072	4.1	12	41	364	8.9	3
2006	IND	16	226	1081	4.8	7	40	325	8.1	1
L3Y AVG		14	214	899	4.1	8	36	298	8.4	2

21. LARRY JOHNSON				KC	6-1	230	29	7	8	19%
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	KC	12	193	874	4.5	5	12	74	6.2	0
2007	KC	8	158	559	3.5	3	30	186	6.2	1
2006	KC	16	416	1789	4.3	17	41	410	10.0	2
L3Y AVG		12	256	1074	4.1	8	28	223	7.4	1

22. WILLIE PARKER				PIT	5-10	209	28	6	8	19%
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	PIT	11	210	791	3.8	5	3	13	4.3	0
2007	PIT	15	321	1316	4.1	2	23	164	7.1	0
2006	PIT	16	337	1494	4.4	13	31	222	7.2	3
L3Y AVG		14	289	1200	4.1	7	19	133	6.2	1

23. DARREN MCFADDEN										OAK	6-2	210	22	2	9	18%
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD						
2008	OAK	13	113	499	4.4	4	29	285	9.8	0						
AVG		13	113	499	4.4	4	29	285	9.8	0						

24. JONATHAN STEWART		CAR	5-11	235	22	2	4	18%		
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	CAR	16	184	836	4.5	10	8	47	5.9	0
AVG		16	184	836	4.5	10	8	47	5.9	0

25. PIERRE THOMAS				NO	5-11	215	25	3	5	17%
	TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD
2008	NO	15	129	625	4.8	9	31	284	9.2	3
2007	NO	12	52	252	4.8	1	17	151	8.9	1
2006	NO	14	91	439	4.8	5	24	218	9.0	2
L3Y AVG		14	91	439	4.8	5	24	218	9.0	2

NAME	TM	HT	WT	AGE	YR	BYE	AV			
26. KNOWSHON MORENO	DEN	5-11	217	21	R	7	17%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
				• ROOKIE •						
27. LENDALE WHITE	TEN	6-1	235	24	4	7	16%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	TEN	16	200	773	3.9	15	5	16	3.2	0
2007	TEN	16	303	1110	3.7	7	20	114	5.7	0
2006	TEN	13	61	244	4.0	0	14	60	4.3	0
L3Y AVG		15	188	709	3.9	7	13	63	4.4	0
28. REGGIE BUSH	NO	6-0	203	24	4	5	16%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	NO	10	106	404	3.8	2	52	440	8.5	4
2007	NO	12	157	581	3.7	4	73	417	5.7	2
2006	NO	16	155	565	3.6	6	88	742	8.4	2
L3Y AVG		13	139	517	3.7	4	71	533	7.5	3
29. DERRICK WARD	TB	5-11	228	28	6	8	15%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	NYG	16	182	1025	5.6	2	41	384	9.4	0
2007	NYG	8	125	602	4.8	3	26	179	6.9	1
2005	NYG	14	35	123	3.5	0	2	13	6.5	0
3Y AVG		13	114	583	5.1	2	23	192	8.3	0
30. JAMAL LEWIS	CLE	5-11	245	30	10	9	15%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	CLE	16	279	1002	3.6	4	23	178	7.7	0
2007	CLE	15	298	1304	4.4	9	30	248	8.3	2
2006	BAL	16	314	1132	3.6	9	18	115	6.4	0
L3Y AVG		16	297	1146	3.9	7	24	180	7.4	1
31. CEDRIC BENSON	CIN	5-11	220	26	5	8	14%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	CIN	12	214	747	3.5	2	20	185	9.3	0
2007	CHI	11	196	674	3.4	4	17	123	7.2	0
2006	CHI	15	157	647	4.1	6	8	54	6.8	0
L3Y AVG		13	189	689	3.6	4	15	121	8.1	0
32. WILLIS MCGAHEE	BAL	6-0	232	28	7	7	14%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	BAL	13	170	671	3.9	7	24	173	7.2	0
2007	BAL	15	294	1207	4.1	7	43	231	5.4	1
2006	BUF	14	259	990	3.8	6	18	156	8.7	0
L3Y AVG		14	241	956	3.9	7	28	187	7.1	0
33. CHRIS WELLS	ARZ	6-1	235	20	R	4	13%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
		R	O	O	K	I	E			
34. FRED TAYLOR	NE	6-1	228	33	12	8	13%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	JAX	13	143	556	3.9	1	16	98	6.1	0
2007	JAX	15	223	1202	5.4	5	9	58	6.4	0
2006	JAX	15	231	1146	5.0	5	23	242	10.5	1
L3Y AVG		14	199	968	4.8	4	16	133	7.7	0
35. LE'RON MCCLAIN	BAL	6-0	260	24	3	7	12%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	BAL	16	232	902	3.9	10	19	123	6.5	1
2007		16	8	18	2.3	0	9	55	6.1	1
AVG		16	120	460	3.1	5	14	89	6.3	1
36. DARREN SPROLES	SD	5-6	181	25	5	5	12%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	SD	16	61	330	5.4	1	29	342	11.8	5
2007	SD	15	37	164	4.4	2	10	31	3.1	0
2005	SD	15	8	50	6.3	0	3	10	3.3	0
3Y AVG		15	35	181	5.1	1	14	128	9.1	2
37. DONALD BROWN	IND	5-10	210	22	R	6	11%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
				• ROOKIE •						
38. FELIX JONES	DAL	6-0	212	22	2	6	11%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	DAL	6	30	266	8.9	3	2	10	5.0	0
AVG		6	30	266	8.9	3	2	10	5.0	0
39. CHESTER TAYLOR	MIN	5-11	213	30	8	9	10%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	MIN	16	101	399	4.0	4	45	399	8.9	2
2007	MIN	14	157	844	5.4	7	29	281	9.7	0
2006	MIN	15	303	1216	4.0	6	42	288	6.9	0
L3Y AVG		15	187	820	4.5	6	39	323	8.5	1

NAME	TM	HT	WT	AGE	YR	BYE	AV			
40. EARNEST GRAHAM	TB	5-9	225	29	6	8	10%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	TB	10	132	563	4.3	4	23	174	7.6	0
2007	TB	15	222	898	4.0	10	49	324	6.6	0
2006	TB	16	11	59	5.4	0	1	4	4.0	0
L3Y AVG		14	122	507	4.6	5	24	167	6.1	0
41. AHMAD BRADSHAW	NYG	5-9	198	23	3	4	9%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	NYG	15	67	355	5.3	1	5	42	8.4	1
2007	NYG	12	23	190	8.3	1	2	12	6.0	0
L2Y AVG		14	45	273	6.8	1	4	27	7.2	1
42. TIM HIGHTOWER	ARZ	6-0	224	23	2	4	9%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	ARZ	16	143	399	2.8	10	34	237	7.0	0
AVG		16	143	399	2.8	10	34	237	7.0	0
43. JULIUS JONES	SEA	5-10	208	28	6	7	8%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	SEA	15	158	698	4.4	2	14	66	4.7	0
2007	DAL	16	164	588	3.6	2	23	203	8.8	0
2006	DAL	16	267	1084	4.1	4	9	142	15.8	0
L3Y AVG		16	196	790	4.0	3	15	137	9.8	0
44. JERIOUS NORWOOD	ATL	5-11	202	26	4	4	8%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	ATL	16	95	489	5.1	4	36	338	9.4	2
2007	ATL	15	103	613	6.0	1	28	277	9.9	0
2006	ATL	14	99	633	6.4	2	12	102	8.5	0
L3Y AVG		15	99	578	5.8	2	25	239	9.3	1
45. JAMAAL CHARLES	KC	5-11	199	22	2	8	7%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	KC	16	67	357	5.3	0	27	272	10.1	1
AVG		16	67	357	5.3	0	27	272	10.1	1
46. LESEAN MCCOY	PHI	5-10	198	20	R	4	7%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
		R	O	O	K	I	E			
47. LAURENCE MARONEY	NE	5-11	220	24	3	8	6%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	NE	3	28	93	3.3	0	0	0	0.0	0
2007	NE	13	185	835	4.5	6	4	116	29.0	0
2006	NE	14	175	745	4.3	6	22	194	8.8	1
L3Y AVG		10	129	558	4.0	4	9	103	12.6	0
48. RASHARD MENDENHALL	PIT	5-10	225	22	2	8	6%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	PIT	4	19	58	3.1	0	2	17	8.5	0
AVG		4	19	58	3.1	0	2	17	8.5	0
49. RICKY WILLIAMS	MIA	5-10	230	32	10	6	5%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	MIA	16	160	659	4.1	4	29	219	7.6	1
2007	MIA	1	6	15	2.5	0	0	0	0	0
2005	MIA	12	168	743	4.4	6	17	93	5.5	0
3Y AVG		10	111	472	4.3	3	15	104	6.9	0
50. LEON WASHINGTON	NYJ	5-8	202	27	4	9	5%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	NYJ	16	76	448	5.9	6	47	355	7.6	2
2007	NYJ	16	71	353	5.0	3	36	213	5.9	0
2006	NYJ	16	151	650	4.3	4	25	270	10.8	0
L3Y AVG		16	99	484	5.0	4	36	279	8.1	1
51. FRED JACKSON	BUF	6-1	215	28	4	9	4%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	BUF	16	130	571	4.4	3	37	317	8.6	0
2007	BUF	8	58	300	5.2	0	22	190	8.6	0
L2Y AVG		12	94	436	4.6	2	30	254	8.6	0
52. RAY RICE	BAL	5-8	205	22	2	7	4%			
TM	GMS	ATT	YDS	YPC	TD	REC	YDS	YPC	TD	
2008	BAL	13	107	454	4.2	0	33	273	8.3	0
AVG		13	107	454	4.2	0	33	273	8.3	0

TOP 50 WIDE RECEIVERS FOR 2009

Unless you are able to take one of the top 5 WR's in this ranking owners would be better off focusing on the elite tandem QB's and WR's. Afterwards WR are interchangeable as the draft moves on especially in the later rounds.

NAME	TM	HT	WT	AGE	YR	BYE	AV
1. LARRY FITZGERALD							
	ARI	6-3	220	26	6	4	29%
2008	ARI	16	96	1431	14.9	12	0
2007	ARI	15	100	1409	14.1	10	0
2006	ARI	13	69	946	13.7	6	0
L3Y AVG		15	88	1262	14.2	9	0
2. ANDRE JOHNSON							
	HOU	6-3	223	28	7	10	29%
2008	HOU	16	115	1575	13.7	8	0
2007	HOU	9	60	851	14.2	8	0
2006	HOU	16	103	1147	11.1	5	3
L3Y AVG		14	93	1191	13.0	7	1
3. RANDY MOSS							
	NE	6-4	210	32	12	8	28%
2008	NE	16	69	1008	14.6	11	2
2007	NE	16	98	1493	15.2	23	0
2006	OAK	13	42	553	13.2	3	0
L3Y AVG		15	70	1018	14.3	12	1
4. CALVIN JOHNSON							
	DET	6-5	239	24	3	6	28%
2008	DET	16	78	1331	17.1	12	3
2007	DET	15	48	756	15.8	4	4
L2Y AVG		16	63	1044	16.5	8	4
5. REGGIE WAYNE							
	IND	6-0	198	30	9	X	27%
2008	IND	16	82	1145	14.0	6	0
2007	IND	16	104	1510	14.5	10	1
2006	IND	16	86	1310	15.2	9	0
L3Y AVG		16	91	1322	14.6	8	0
6. STEVE SMITH							
	CAR	5-9	185	30	9	4	27%
2008	CAR	14	78	1421	18.2	6	5
2007	CAR	15	87	1002	11.5	7	9
2006	CAR	14	83	1166	14.0	8	8
L3Y AVG		14	83	1196	14.6	7	7
7. GREG JENNINGS							
	GB	5-11	197	26	4	5	26%
2008	GB	16	80	1292	16.2	9	0
2007	GB	13	53	920	17.4	12	0
2006	GB	14	45	632	14.0	3	0
L3Y AVG		14	59	948	15.9	8	0
8. TERRELL OWENS							
	BUF	6-3	218	35	14	9	26%
2008	DAL	16	69	1052	15.2	10	7
2007	DAL	15	81	1355	16.7	15	1
2006	DAL	16	85	1180	13.9	13	0
L3Y AVG		16	78	1196	15.3	13	3
9. RODDY WHITE							
	ATL	6-0	208	27	5	4	25%
2008	ATL	16	88	1382	15.7	7	2
2007	ATL	16	83	1202	14.5	6	1
2006	ATL	16	30	506	16.9	0	0
L3Y AVG		16	67	1030	15.7	4	1
10. DWAYNE BOWE							
	KC	6-2	221	25	3	8	25%
2008	KC	16	86	1022	11.9	7	0
2007	KC	16	70	995	14.2	5	0
L2Y AVG		16	78	1009	13.1	6	0
11. ANQUAN BOLDIN							
	ARI	6-1	217	28	7	4	24%
2008	ARI	12	89	1038	11.7	11	9
2007	ARI	12	71	853	12.0	9	1
2006	ARI	16	83	1203	14.5	4	5
L3Y AVG		13	81	1031	12.7	8	5

NAME	TM	HT	WT	AGE	YR	BYE	AV
12. BRANDON MARSHALL							
	DEN	6-4	230	25	4	7	24%
2008	DEN	15	104	1265	12.2	6	2
2007	DEN	16	102	1325	13.0	7	5
2006	DEN	15	20	309	15.5	2	2
L3Y AVG		15	75	966	13.6	5	3
13. WES WELKER							
	NE	5-9	185	28	6	8	23%
2008	NE	16	111	1165	10.5	3	3
2007	NE	16	112	1175	10.5	8	4
2006	MIA	16	67	687	10.3	1	0
L3Y AVG		16	97	1009	10.4	4	2
14. MARQUES COLSTON							
	NO	6-4	225	26	4	5	23%
2008	NO	11	47	760	16.2	5	0
2007	NO	16	98	1202	12.3	11	0
2006	NO	14	70	1038	14.8	8	0
L3Y AVG		14	72	1000	14.4	8	0
15. TJ HOUSHMANDZADEH							
	SEA	6-1	199	32	9	7	22%
2008	CIN	15	92	904	9.8	4	1
2007	CIN	16	112	1143	10.2	12	5
2006	CIN	14	90	1081	12.0	9	3
L3Y AVG		15	98	1043	10.7	8	3
16. VINCENT JACKSON							
	SD	6-5	230	26	5	5	22%
2008	SD	16	59	1098	18.6	7	4
2007	SD	16	41	623	15.2	3	0
2006	SD	16	27	453	16.7	6	3
L3Y AVG		16	42	725	16.8	5	2
17. BRAYLON EDWARDS							
	CLE	6-3	215	26	5	9	21%
2008	CLE	16	55	873	15.9	3	0
2007	CLE	16	80	1289	16.1	16	0
2006	CLE	16	61	884	14.5	6	3
L3Y AVG		16	65	1015	15.5	8	1
18. ROY WILLIAMS							
	DAL	6-3	211	27	6	6	21%
2008	DET/DAL	15	36	430	11.9	2	1
2007	DET	12	64	838	13.1	5	2
2006	DET	16	82	1310	16.0	7	2
L3Y AVG		14	61	859	13.9	5	2
19. LEE EVANS							
	BUF	5-10	197	28	6	9	20%
2008	BUF	16	63	1017	16.1	3	1
2007	BUF	16	55	849	15.4	5	0
2006	BUF	16	82	1292	15.8	8	0
L3Y AVG		16	67	1053	15.8	5	0
20. BERNARD BERRIAN							
	MIN	6-1	185	28	6	9	20%
2008	MIN	16	48	964	20.1	7	4
2007	CHI	16	71	951	13.4	5	0
2006	CHI	15	51	775	15.2	6	2
L3Y AVG		16	57	897	16.2	6	2
21. SANTONIO HOLMES							
	PIT	5-11	192	25	4	8	19%
2008	PIT	15	55	821	14.9	5	2
2007	PIT	13	52	942	18.1	8	5
2006	PIT	16	49	824	16.8	2	1
L3Y AVG		15	52	862	16.6	5	3
22. DESEAN JACKSON							
	PHI	5-10	175	22	2	4	19%
2008	PHI	16	62	912	14.7	2	17
AVG		16	62	912	14.7	2	17
23. ANTONIO BRYANT							
	TB	6-1	205	28	7	8	18%
2008	TB	16	83	1248	15.0	7	2
2007	SF	14	40	733	18.3	3	0
2006	CLE	16	69	1009	14.6	4	1
L3Y AVG		15	64	997	16.0	5	1

NAME	TM	HT	WT	AGE	YR	BYE	AV				
24. SANTANA MOSS	WAS	5-10	200	30	9	8	18%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	WAS	16	79	1044	13.2	6	1	27	27.0	0	
2006	WAS	14	61	808	13.2	3	3	13	4.3	0	
L3Y AVG	WAS	14	55	790	14.4	6	7	82	11.7	0	
		15	65	881	13.6	5	4	41	14.3	0	
25. CHAD JOHNSON	CIN	6-1	192	31	9	8	17%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	CIN	13	53	540	10.2	4	0	0	0.0	0	
2006	CIN	16	93	1440	15.5	8	6	47	7.8	0	
L3Y AVG	CIN	16	87	1369	15.7	7	6	24	4.0	0	
		15	78	1116	13.8	6	4	24	3.9	0	
26. ANTHONY GONZALEZ	IND	6-0	193	24	3	6	17%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	IND	16	57	664	11.6	4	0	0	0.0	0	
L2Y AVG	IND	13	37	576	15.6	3	0	0	0.0	0	
		15	47	620	13.6	4	0	0	0.0	0	
27. HINES WARD	PIT	6-0	205	33	12	8	16%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	PIT	16	81	1043	12.9	7	1	4	4.0	0	
2006	PIT	13	71	732	10.3	7	3	11	3.7	0	
L3Y AVG	PIT	14	74	975	13.2	6	2	30	15.0	0	
		14	75	917	12.1	7	2	15	7.6	0	
28. TORRY HOLT	JAX	6-0	190	33	11	7	16%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	STL	16	64	796	12.4	3	0	0	0.0	0	
2006	STL	16	93	1189	12.8	7	0	0	0.0	0	
L3Y AVG	STL	16	93	1188	12.8	10	0	0	0.0	0	
		16	83	1058	12.7	7	0	0	0.0	0	
29. JERRICHO COTCHERY	NYJ	6-0	207	27	6	9	15%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	NYJ	16	71	858	12.1	5	2	8	4.0	0	
2006	NYJ	15	82	1130	13.8	2	5	38	7.6	0	
L3Y AVG	NYJ	16	82	961	11.7	6	5	25	5.0	0	
		16	78	983	12.5	4	4	24	5.5	0	
30. EDDIE ROYAL	DEN	5-10	182	23	2	7	15%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
AVG	DEN	15	91	980	10.8	5	11	109	9.9	0	
		15	91	980	10.8	5	11	109	9.9	0	
31. KEVIN WALTER	HOU	6-3	215	28	7	10	14%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	HOU	16	60	899	15.0	8	3	23	7.7	0	
2006	HOU	16	65	800	12.3	4	5	30	6.0	0	
L3Y AVG	HOU	16	17	160	9.4	0	1	3	3.0	0	
		16	47	620	12.2	4	3	19	5.6	0	
32. LANCE MOORE	NO	5-9	190	25	5	5	14%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	NO	16	79	928	11.7	10	0	0	0.0	0	
2006	NO	16	32	302	9.4	2	2	7	3.5	1	
L3Y AVG	NO	4	1	10	10.0	0	0	0	0.0	0	
		12	37	413	11.2	4	1	2	0.5	0	
33. DONALD DRIVER	GB	6-0	194	34	11	5	13%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	GB	16	74	1012	13.7	5	2	4	2.0	0	
2006	GB	15	82	1048	12.8	2	2	4	2.0	0	
L3Y AVG	GB	16	92	1295	14.1	8	7	16	2.3	0	
		16	83	1118	13.5	5	4	8	2.1	0	
34. DEVIN HESTER	CHI	5-11	190	26	4	5	13%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	CHI	15	51	665	13.0	3	6	61	10.2	0	
L2Y AVG	CHI	16	20	299	15.0	2	7	-10	-1.4	0	
		16	36	482	14.0	3	7	26	4.4	0	
35. DONNIE AVERY	STL	5-11	184	25	2	9	12%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
AVG	STL	15	53	674	12.7	3	10	69	6.9	1	
		15	53	674	12.7	3	10	69	6.9	1	
36. LAVERANUES COLES	CIN	5-11	193	31	10	8	12%				
2008	TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2007	NYJ	16	70	850	12.1	7	2	9	4.5	0	
2006	NYJ	12	55	646	11.7	6	0	0	0.0	0	
L3Y AVG	NYJ	16	91	1098	12.1	6	2	14	7.0	0	
		15	72	865	12.0	6	1	8	3.8	0	

NAME				TM	HT	WT	AGE	YR	BYE	AV
37. MICHAEL CRABTREE				SF	6-2	215	21	R	X	11%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
				•ROOKIE•						
38. DERRICK MASON				BAL	5-10	192	35	13	7	11%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	BAL	16	80	1037	13.0	5	1	3	3.0	0
2007	BAL	16	103	1087	10.6	5	0	0	0.0	0
2006	BAL	16	68	750	11.0	2	1	-4	-4.0	0
L3Y AVG		16	84	958	11.5	4	1	0	0.0	0
39. CHRIS CHAMBERS				SD	5-11	210	31	9	5	10%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	SD	14	33	462	14.0	5	1	1	1.0	0
2007	MIA/SD	16	66	970	14.6	4	3	12	4.0	0
2006	MIA	16	59	677	11.5	4	8	95	11.9	0
L3Y AVG		15	53	703	13.4	4	4	36	5.6	0
40. TED GINN JR				MIA	5-11	180	24	3	6	10%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	MIA	16	56	790	14.1	2	5	73	14.6	2
2007	MIA	16	34	420	12.4	2	4	3	0.8	0
L2Y AVG		16	45	605	13.3	2	5	38	7.7	1
41 STEVE BREASTON				ARI	6-0	189	25	3	4	9%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	ARI	16	77	1006	13.1	3	2	8	4.0	0
2007	ARI	16	8	92	11.5	0	2	8	4.0	0
L2Y AVG		16	43	549	12.8	2	1	4	4.0	0
42. PATRICK CRAYTON				DAL	6-0	203	30	6	6	9%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	DAL	16	39	550	14.1	4	1	11	11.0	0
2007	DAL	15	50	697	13.9	7	0	0	0.0	0
2006	DAL	16	36	516	14.3	4	0	0	0.0	0
L3Y AVG		16	42	588	14.1	5	0	4	3.7	0
43. PERCY HARVIN				MIN	5-11	192	21	R	9	8%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
				R	O	K	I	E		
44. BOBBY ENGRAM				KC	5-10	192	36	14	8	8%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	KC	13	47	489	10.4	0	0	0	0.0	0
2007	SEA	16	94	1147	12.2	6	0	0	0.0	0
2006	SEA	7	24	290	12.1	1	1	4	4.0	0
L3Y AVG		12	55	642	11.6	2	0	1	1.3	0
45. DOMENIK HIXON				NYG	6-2	182	24	5	10	7%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	NYG	16	43	596	13.9	2	2	26	13.0	0
2007	NYG	12	1	5	5.0	0	1	-8	-8.0	0
L2Y AVG		14	22	301	9.5	1	1	9	2.5	0
46. JOSH MORGAN				SF	6-0	219	24	2	6	7%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	SF	12	20	319	16.0	3	0	0	0.0	0
AVG		12	20	319	16.0	3	0	0	0.0	0
47. BRIAN ROBISKIE				CLE	6-3	209	21	R	9	6%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
				O	O	K	I	E		
48. DEION BRANCH				SEA	5-9	192	29	8	7	6%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	SEA	8	30	412	13.7	4	0	0	0.0	0
2007	SEA	11	49	661	13.5	4	0	0	0.0	0
2006	SEA	14	53	725	13.7	4	4	30	7.5	0
L3Y AVG		11	44	599	13.6	4	1	10	10.0	0
49. KEVIN CURTIS				PHI	6-0	186	31	7	4	5%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	PHI	9	33	390	11.8	2	0	0	0.0	0
2007	PHI	16	77	1110	14.4	6	0	0	0.0	0
2006	STL	16	40	479	12.0	4	4	4	1.0	0
L3Y AVG		14	50	660	12.7	4	1	1	0.0	0
50. MICHAEL JENKINS				ATL	6-4	215	27	6	4	5%
TM	GMS	REC	YDS	YPC	TD	ATT	YDS	YPC	TD	
2008	ATL	16	50	777	15.5	3	0	0	0.0	0
2007	ATL	15	53	532	10.0	4	0	0	0.0	0
2006	ATL	16	39	436	11.2	7	1	2	2.0	0
L3Y AVG		16	47	582	12.2	5	0	1	1.0	0

TOP 25 TIGHT ENDS FOR 2009

A good TE can be as effective as a #2 WR for a fantasy football team. Owners should be aware that when the run on TE's starts, as they often have, a domino effect occurs in the middle rounds of the draft. Just be careful not to reach for a TE if a better RB prospect is available.

NAME	TM	HT	WT	AGE	YR	BYE	AV
1. JASON WITTEN	DAL	6-5	262	27	7	6	12%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	DAL	16	81	952	11.8	4	
2006	DAL	16	96	1145	11.9	7	
L3Y AVG	DAL	16	64	754	11.8	1	
			80	950	11.8	4	
2. ANTONIO GATES	SD	6-4	260	29	7	5	12%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	SD	16	60	704	11.7	8	
2006	SD	16	75	984	13.1	9	
L3Y AVG	SD	16	71	924	13.0	9	
			69	871	12.6	9	
3. TONY GONZALEZ	ATL	6-5	251	33	13	4	11%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	KC	16	96	1058	11.0	10	
2006	KC	16	99	1172	11.8	5	
L3Y AVG	KC	16	73	900	12.3	5	
			89	1043	11.9	7	
4. CHRIS COOLEY	WAS	6-3	258	27	6	8	11%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	WAS	16	83	849	10.2	1	
2006	WAS	16	66	786	11.9	8	
L3Y AVG	WAS	16	57	734	12.9	6	
			69	790	11.7	5	
5. OWEN DANIELS	HOU	6-3	247	26	4	10	10%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	HOU	16	70	862	12.3	2	
2006	HOU	16	63	768	12.2	3	
L3Y AVG	HOU	14	34	352	10.4	5	
			56	661	11.9	3	
6. DALLAS CLARK	IND	6-3	252	30	7	6	10%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	IND	15	77	848	11.0	6	
2006	IND	15	58	616	10.6	11	
L3Y AVG	IND	12	30	367	12.2	4	
			55	610	11.3	7	
7. KELLEN WINSLOW	TB	6-4	250	26	6	8	9%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	CLE	10	43	428	10.0	3	
2006	CLE	16	82	1106	13.5	5	
L3Y AVG	CLE	16	89	875	9.8	3	
			71	803	11.1	4	
8. JOHN CARLSON	SEA	6-5	251	25	2	7	9%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	SEA	16	55	627	11.4	5	
AVG			55	627	11.4	5	
9. GREG OLSEN	CHI	6-5	255	24	3	5	8%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	CHI	16	54	574	10.6	5	
2006	CHI	14	39	391	10.0	2	
L2Y AVG	CHI	15	47	483	10.3	4	
10. ZACH MILLER	OAK	6-5	255	23	3	9	8%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	OAK	16	56	778	13.9	1	
L2Y AVG	OAK	16	44	444	10.1	3	
			50	611	12.2	2	
11. BO SCAIFE	TEN	6-3	249	28	5	7	7%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	TEN	16	58	561	9.7	2	
2006	TEN	16	46	421	9.2	1	
L3Y AVG	TEN	14	29	370	12.8	2	
			44	451	10.2	2	

NAME	TM	HT	WT	AGE	YR	BYE	AV
12. DUSTIN KELLER	NYJ	6-2	248	24	2	9	7%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	NYJ	16	48	535	11.1	3	
AVG			48	535	11.1	3	
13. JEREMY SHOCKEY	NYG	6-5	251	29	8	5	6%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	NO	12	50	483	9.7	0	
2006	NYG	14	57	619	10.9	3	
L3Y AVG	NYG	15	66	623	9.4	7	
			58	575	10.0	3	
14. BRENT CELEK	PHI	6-4	255	24	3	4	6%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	PHI	16	27	318	11.8	1	
L2Y AVG	PHI	16	16	178	11.1	1	
			22	248	11.5	1	
15. KEVIN BOSS	NYG	6-6	253	25	3	10	5%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	NYG	15	33	384	11.6	6	
L2Y AVG	NYG	13	9	118	13.1	2	
			21	251	12.0	4	
16. BRANDON PETTIGREW	DET	6-5	263	24	R	7	5%
2008	TM	GMS	REC	YDS	YPC	TD	
2007			• ROOKIE •				
17. HEATH MILLER	PIT	6-5	256	27	5	8	4%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	PIT	14	48	514	10.7	3	
2006	PIT	16	47	566	12.0	7	
L3Y AVG	PIT	16	34	393	11.6	5	
			43	491	11.4	5	
18. VERNON DAVIS	SF	6-3	250	25	4	6	4%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	SF	16	31	358	11.5	2	
2006	SF	14	52	509	9.8	4	
L3Y AVG	SF	10	20	265	13.3	3	
			13	377	11.5	3	
19. VISANTHE SHIANCOE	MIN	6-4	250	29	7	9	3%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	MIN	16	42	596	14.2	7	
2006	MIN	16	27	323	12.0	1	
L3Y AVG	NYG	16	12	81	6.8	0	
			27	333	12.3	3	
20. TONY SCHEFFLER	DEN	6-5	250	26	4	7	3%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	DEN	13	40	645	16.1	3	
2006	DEN	16	49	549	11.2	5	
L3Y AVG	DEN	13	18	286	15.9	4	
			36	493	14.4	4	
21. ANTHONY FASANO	MIA	6-4	255	25	4	6	2%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	MIA	16	34	454	13.4	7	
2006	DAL	16	14	143	10.2	1	
L3Y AVG	DAL	16	14	126	9.0	0	
			21	241	10.8	3	
22. DONALD LEE	GB	6-4	248	28	7	5	2%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	GB	16	39	303	7.8	5	
2006	GB	15	48	575	12.0	6	
L3Y AVG	GB	15	10	150	15.0	0	
			32	343	11.6	4	
23. LJ SMITH	BAL	6-3	258	29	7	7	1%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	PHI	13	37	298	8.1	3	
2006	PHI	10	22	236	10.7	1	
L3Y AVG	PHI	16	50	611	12.2	5	
			36	382	10.3	3	
24. MERCEDES LEWIS	JAX	6-6	275	25	4	7	1%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	JAX	16	41	489	11.9	2	
2006	JAX	16	37	391	10.6	2	
L3Y AVG	JAX	15	13	126	9.7	1	
			30	335	10.7	2	
25. BRAD COTTAM	KC	6-7	269	24	2	8	1%
2008	TM	GMS	REC	YDS	YPC	TD	
2007	KC	16	7	63	9.0	0	
AVG			7	63	9.0	0	

TOP 23 KICKERS FOR 2009

A kicker's worth is determined year-to-year, based on the offense he is on & whether he is in any sort of slump. Usually, there is a run on kickers in the mid-rounds, but unless an owner can snag one of the top kickers, they are better off focusing on the remaining starting RB's or a WR/TE prospect.

NAME		TM	HT	WT	AGE	YR	BYE	AV			
1. RYAN LONGWELL		MIN	6-0	200	34	13	9	12%			
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	MIN	16	29	34	0-0	10-10	7-9	6-9	6-6	40	127
2007	MIN	16	39	40	0-0	3-3	6-6	10-11	1-4	39	99
2006	MIN	16	27	28	2-2	7-7	8-8	4-6	0-2	27	90
L3Y AVG		16	32	34	1-1	7-7	7-8	7-9	2-4	35	105

2. STEPHEN GOSTKOWSKI											
	NE	6-1	210	25	4	8	12%				
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	NE	16	36	40	0-0	10-12	16-16	9-11	1-1	40	148
2007	NE	16	21	24	0-0	10-10	8-9	3-5	0-0	74	137
2006	NE	16	20	26	0-0	10-11	7-10	2-4	1-1	43	103
L3Y AVG		16	26	30	0-0	10-11	10-12	5-7	1-1	52	129

3. MASON CROSBY				GB	6-1	207	25	3	5	11%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	GB	16	27	34	1-1	8-8	10-13	5-6	3-6	46	127
2007	GB	16	31	39	1-1	8-8	10-11	9-14	3-5	48	141
L2Y AVG		16	29	37	1-1	5-5	7-8	5-7	2-6	47	134

4. ROB BIRONAS											
	TEN	6-0	215	31	5	7	11%				
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	TEN	16	29	33	0-0	6-6	7-7	15-19	1-1	40	127
2007	TEN	16	35	39	0-0	10-12	12-12	9-10	4-5	28	133
2006	TEN	16	22	28	0-0	10-11	7-7	4-8	1-2	32	98
L3Y AVG		16	29	33	0-0	9-10	9-9	9-12	2-3	33	119

5. DAVID AKERS				PHI	5-10	200	34	11	4	10%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	PHI	16	33	40	2-2	11-11	10-12	8-10	2-5	45	144
2007	PHI	16	24	32	0-0	12-12	10-10	1-6	1-4	36	108
2006	PHI	16	18	23	0-0	9-10	3-5	6-8	0-0	48	102
L3Y AVG		16	25	32	1-1	11-11	8-9	5-8	1-3	43	118

6. NEIL RACKERS				ARI	6-1	202	33	10	4	10%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	ARI	16	25	28	0-0	9-9	9-11	6-6	1-2	44	119
2007	ARI	16	21	30	2-2	5-5	6-8	5-6	3-9	47	110
2006	ARI	16	28	37	0-0	11-11	9-9	7-10	1-7	32	116
L3Y AVG		16	25	32	1-1	8-8	8-9	6-7	2-6	41	345

7. NATE KAEDING				SD	6-0	187	27	6	5	9%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	SD	16	27	32	0-0	13-13	10-10	3-8	1-1	46	127
2007	SD	16	24	27	0-0	11-11	5-6	7-8	1-2	46	118
2006	SD	16	26	29	0-0	7-7	11-12	7-9	1-1	58	136
L3Y AVG		16	26	29	0-0	10-10	9-9	6-8	1-1	50	127

8. JASON ELAM				ATL	5-11	194	39	17	4	9%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	ATL	16	36	40	0-0	10-12	16-16	9-11	1-1	40	148
2007	DEN	16	27	31	0-0	11-11	6-6	9-12	1-2	33	114
2006	DEN	16	27	29	0-0	10-10	10-10	6-8	1-1	34	115
L3Y AVG		16	30	33	0-0	10-11	11-11	8-10	1-1	36	126

9. KRIS BROWN				HOU	5-11	206	32	11	10	8%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	HOU	16	29	33	0-0	9-10	10-10	8-10	2-3	37	124
2007	HOU	16	25	29	1-1	6-7	6-6	7-10	5-5	40	115
2006	HOU	16	19	25	1-1	4-4	3-5	11-13	0-2	26	83
L3Y AVG		16	24	29	1-1	6-7	6-7	9-11	2-3	34	107

10. ROBBIE GOULD											
	CHI	6-0	185	27	5	5	8%				
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	CHI	16	26	29	0-0	6-6	12-12	8-11	0-0	41	119
2007	CHI	16	31	36	0-0	7-7	12-13	12-14	0-2	33	126
2006	CHI	16	32	36	0-0	6-6	14-16	12-14	0-0	47	143
L3Y AVG		16	30	34	0-0	6-6	13-14	11-13	0-1	40	129

11. NICK FOLK											
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	DAL	16	20	22	0-0	1-1	7-8	10-11	2-2	42	102
2007	DAL	16	26	31	0-0	10-12	7-7	7-7	2-5	53	131
L2Y AVG		16	23	27	0-0	6-7	7-8	9-9	2-4	48	117

NAME				TM	HT	WT	AGE	YR	BYE	AV	
12. JOHN KASAY				CAR	5-10	210	39	19	4	7%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	CAR	16	28	31	0-0	7-7	9-9	11-12	1-3	46	130
2007	CAR	16	24	28	2-2	6-6	8-9	6-9	2-2	27	99
2006	CAR	16	24	27	2-2	6-6	4-4	8-8	4-7	28	100
L3Y AVG		16	25	29	1-1	6-6	7-7	8-10	2-4	34	110

13. RIAN LINDELL				BUF	6-3	233	32	10	9	6%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	BUF	16	30	38	1-1	7-8	11-11	10-15	1-3	34	124
2007	BUF	16	24	27	0-0	11-11	7-7	4-6	2-3	24	96
2006	BUF	16	23	25	0-0	8-8	5-5	8-10	2-2	33	102
L3Y AVG		16	26	30	0-0	9-9	8-8	7-10	2-3	30	107

14. JOE NEDNEY					SF	6-5	234	36	14	6	6%
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	SF	16	29	33	0-0	9-9	10-10	8-11	2-3	34	121
2007	SF	16	17	19	1-1	5-5	6-6	4-4	1-3	22	73
2006	SF	16	29	35	2-2	11-12	8-10	7-9	1-2	29	116
L3Y AVG		16	25	29	1-1	8-9	8-9	6-8	1-3	28	103

15. SHAYNE GRAHAM					CIN	6-0	205	31	9	8	5%
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	CIN	14	21	24	1-1	5-5	6-7	9-11	0-0	15	78
2007	CIN	16	31	34	1-1	11-12	13-13	6-7	0-1	37	130
2006	CIN	16	25	30	0-0	9-9	8-9	6-8	2-4	40	115
L3Y AVG		15	26	29	1-1	8-9	9-10	7-9	1-2	31	108

16. GARRETT HARTLEY											
	NO	5-8	204	23	2	5	5%				
2008	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	NO	8	13	13	0-0	5-5	4-4	4-4	0-0	28	67
AVG		8	13	13	0-0	5-5	4-4	4-4	0-0	28	67

17. JOSH BROWN				STL	6-0	212	30	7	9	4%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	STL	16	31	36	0-0	8-8	7-7	10-13	6-8	19	108
2007	SEA	16	28	34	0-0	12-12	5-5	8-12	3-5	43	127
2006	SEA	16	25	31	0-0	10-10	5-7	7-9	3-5	36	111
L3Y AVG		16	28	34	0-0	10-10	6-6	8-11	4-6	33	115

18. MATT PRATER				DEN	5-10	188	24	3	7	4%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	DEN	16	25	34	0-0	7-8	8-9	5-11	5-6	39	114
2007	ATL	2	1	4	0-0	0-1	0-0	1-3	0-0	1	4
L2Y AVG		9	13	19	0-0	4-5	4-5	1-2	3-3	20	59

19. JOSH SCOBEE				JAX	6-1	192	27	6	7	3%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	JAX	16	19	25	0-0	7-7	3-6	5-7	4-5	33	90
2007	JAX	8	12	13	0-0	6-6	3-3	3-4	0-0	26	62
2006	JAX	16	26	32	0-0	5-6	7-7	14-18	0-1	41	119
L3Y AVG		13	19	23	0-0	6-6	4-5	7-10	1-2	33	90

20. LAWRENCE TYNES					NYG	6-1	202	31	6	10	3%
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	NYG	2	1	1	1-1	0-0	0-0	0-0	0-0	3	6
2007	NYG	16	23	27	1-1	9-10	5-8	8-8	0-0	40	109
2006	KC	16	24	31	1-1	10-10	4-6	7-10	2-4	35	107
L3Y AVG		11	16	20	1-1	6-7	3-5	5-6	1-1	26	74

21. PHIL DAWSON				CLE	5-11	200	34	11	9	2%	
	TM	GMS	MADE	ATT	1-19	20-29	30-39	40-49	50+	XP	TTL
2008	CLE	16	30	36	0-0	10-10	12-14	5-6	3-6	18	108
2007	CLE	16	26	30	2-2	9-10	7-8	7-8	1-2	42	120
2006	CLE	16	21	29	0-0	5-6	9-10	6-12	1-1	25	88
L3Y AVG		16	26	32	1-1	8-9	9-11	6-8	2-3	28	105

22. ADAM VINATIERI	
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TOP 22 OVERALL DEFENSE & SPECIAL TEAMS FOR 2009

Attention to how a fantasy league's scoring system is set up is very important to selecting a defense. In yardage leagues, bend-but-don't-break defenses like Buffalo's should be avoided. Also special team units can't be counted on year-to-year to produce points (Bears fans beware!!!) & should be viewed as a nice bonus if they do. Don't be afraid to use defenses in weekly matchup scenarios, especially in Div play.

TEAM	BYE					AV			
1. NY GIANTS	10					12%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	18.4	292	196	96	42	15	17	3	0
2007	21.9	305	207	98	53	10	15	5	1
2006	22.6	342	228	114	32	11	17	2	0
L3Y AVG	21.0	313	210	103	42	12	16	3	0
2. PITTSBURGH	8					12%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	13.9	237	157	80	51	12	20	3	0
2007	16.8	266	176	90	36	14	11	2	1
2006	19.7	300	212	88	39	9	20	2	0
L3Y AVG	16.8	268	182	86	42	12	17	2	0
3. BALTIMORE	7					11%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	15.2	261	180	81	34	13	26	6	0
2007	24.0	301	222	79	32	6	17	1	3
2006	12.6	264	188	76	60	12	28	5	0
L3Y AVG	17.3	275	197	79	42	10	24	4	1
4. MINNESOTA	9					11%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	20.8	292	216	77	45	22	12	3	1
2007	19.4	338	264	74	38	16	15	8	1
2006	20.4	301	239	62	30	15	21	3	1
L3Y AVG	20.2	310	240	71	38	18	16	5	1
5. TENNESSEE	7					10%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	23.4	314	176	137	44	23	20	4	0
2007	18.6	291	199	92	40	12	22	2	0
2006	25.0	370	225	145	26	11	17	5	3
L3Y AVG	22.3	325	200	125	37	15	20	4	1
6. MIAMI	6					10%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	19.8	329	228	101	40	12	18	2	1
2007	27.3	342	189	154	30	8	14	2	0
2006	17.7	289	188	101	47	8	19	3	0
L3Y AVG	21.6	320	202	119	39	9	17	2	0
7. NY JETS	9					9%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	22.3	329	235	95	41	16	14	5	0
2007	22.2	332	197	135	29	6	15	1	0
2006	18.4	332	201	130	35	16	9	1	0
L3Y AVG	21.0	331	211	120	35	13	13	2	0
8. CAROLINA	4					9%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	20.6	331	212	120	37	13	12	2	0
2007	21.7	325	214	111	23	16	14	2	0
2006	19.1	296	188	109	41	14	8	2	1
L3Y AVG	20.5	317	205	113	34	14	11	2	0
9. CHICAGO	5					8%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	21.9	335	241	94	28	8	22	6	1
2007	21.8	355	232	123	41	17	16	2	6
2006	15.9	294	195	99	40	20	24	1	5
L3Y AVG	19.9	328	223	105	36	15	21	3	4
10. DALLAS	6					8%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	22.8	294	188	107	59	17	8	1	1
2007	20.3	308	213	95	46	10	19	3	1
2006	21.9	323	219	104	34	13	18	3	1
L3Y AVG	21.7	308	207	102	46	13	15	2	1

TEAM	BYE					AV			
11. PHILADELPHIA	6					7%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	18.1	274	182	92	48	21	15	5	2
2007	18.8	311	215	96	37	8	11	0	0
2006	20.5	328	192	136	40	10	19	4	0
L3Y AVG	19.1	304	196	108	42	13	15	3	1
12. SAN DIEGO	5					7%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	21.7	350	247	103	28	13	15	3	1
2007	17.8	320	213	107	42	18	30	5	3
2006	18.9	302	201	101	61	12	16	0	0
L3Y AVG	19.5	324	220	104	44	14	20	3	1
13. NEW ENGLAND	8					6%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	19.3	309	201	108	31	13	14	0	1
2007	17.1	288	190	98	47	12	19	6	2
2006	14.8	294	200	94	44	13	22	0	1
L3Y AVG	19.1	297	197	100	41	13	18	2	1
14. GREEN BAY	5					6%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	23.8	334	203	132	27	6	22	7	0
2007	18.2	313	210	103	36	9	19	4	0
2006	22.9	321	207	114	46	23	10	5	0
L3Y AVG	21.6	323	207	116	36	13	17	5	0
15. TAMPA BAY	8					5%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	20.2	306	187	119	29	8	22	4	0
2007	16.9	278	171	108	33	19	16	2	0
2006	22.1	329	210	120	25	11	9	3	0
L3Y AVG	19.7	304	189	116	29	13	16	3	0
16. HOUSTON	10					5%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	24.6	337	214	123	25	15	12	1	2
2007	21.4	344	230	114	31	18	11	3	4
2006	20.4	337	215	122	28	15	11	3	0
L3Y AVG	22.1	339	220	120	28	16	11	2	2
17. SAN FRANCISCO	6					4%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	23.8	326	219	107	30	6	12	1	0
2007	22.8	346	228	119	31	10	12	1	1
2006	25.8	344	223	121	34	14	13	2	1
L3Y AVG	24.1	339	223	116	32	10	12	1	1
18. WASHINGTON	8					4%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	18.5	289	193	95	24	5	13	0	0
2007	19.4	305	214	91	33	10	14	2	2
2006	23.5	356	218	137	19	6	6	0	1
L3Y AVG	20.5	317	208	108	25	7	11	1	1
19. SEATTLE	7					3%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	24.5	378	259	119	35	22	9	4	0
2007	18.2	322	219	103	45	14	20	2	3
2006	21.3	331	204	127	41	14	12	1	1
L3Y AVG	21.3	344	227	116	40	17	14	2	1
20. INDIANAPOLIS	6					3%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	18.6	311	188	123	30	22	15	5	0
2007	16.4	280	173	107	28	15	22	2	1
2006	22.5	332	159	173	25	11	15	0	1
L3Y AVG	19.2	308	173	134	28	16	17	2	1
21. OAKLAND	9					2%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	24.3	361	201	160	32	8	16	0	2
2007	24.9	342	196	146	27	8	18	2	1
2006	20.8	285	151	134	34	18	5	4	1
L3Y AVG	23.3	329	183	147	31	11	13	2	1
22. ARIZONA	4					2%			
	PPG	YPG	PASS	RUSH	SKS	FMBL	INT	DEFTD	SPTD
2008	26.6	332	221	110	31	17	13	3	0
2007	24.9	330	232	98	36	11	18	6	0
2006	24.3	349	231	119	38	16	17	3	0
L3Y AVG	25.3	337	228	109	35	15	16	4	0

TOP FOUR IMPACT PLAYERS

Below is our view of the top fantasy point producers for each team including the top "IDP," Individual Defensive Player, as well. This is another cheat sheet, based on a performance league, to help you on draft day so you can set a value for the players and a check list for those who are remaining.

		FIRST STRING		SECOND STRING		THIRD STRING		Top IDP
1.	Arizona	WR	Larry Fitzgerald	WR	Anquan Boldin	QB	Kurt Warner	SS Adrian Wilson
2.	Atlanta	RB	Michael Turner	TE	Tony Gonzalez	WR	Roddy White	FS Erik Coleman
3.	Baltimore	RB	Willis McGahee	RB	Le'Ron McClain	QB	Joe Flacco	LB Terrell Suggs
4.	Buffalo	RB	Marshawn Lynch	WR	Terrell Owens	WR	Lee Evans	LB Paul Posluszny
5.	Carolina	RB	DeAngelo Williams	WR	Steve Smith	RB	Jonathan Stewart	LB Jon Beason
6.	Chicago	RB	Matt Forté	QB	Jay Cutler	TE	Greg Olsen	LB Lance Briggs
7.	Cincinnati	QB	Carson Palmer	WR	Chad Johnson	RB	Cedric Benson	FS Chinedum Ndukwe
8.	Cleveland	WR	Braylon Edwards	RB	Jamal Lewis	QB	Brady Quinn	LB D'Qwell Jackson
9.	Dallas	QB	Tony Romo	RB	Marion Barber	WR	Roy Williams	LB DeMarcus Ware
10.	Denver	WR	Brandon Marshall	RB	Knowshon Moreno	QB	Kyle Orton	LB DJ Williams
11.	Detroit	WR	Calvin Johnson	RB	Kevin Smith	TE	Brandon Pettigrew	LB Julian Peterson
12.	Green Bay	QB	Aaron Rodgers	WR	Greg Jennings	RB	Ryan Grant	LB AJ Hawk
13.	Houston	WR	Andre Johnson	RB	Steve Slaton	QB	Matt Schaub	DE Mario Williams
14.	Indianapolis	QB	Peyton Manning	WR	Reggie Wayne	RB	Joseph Addai	DE Robert Mathis
15.	Jacksonville	RB	Maurice Jones-Drew	WR	Torry Holt	QB	David Garrard	DE Derrick Harvey
16.	Kansas City	WR	Dwayne Bowe	QB	Matt Cassel	RB	Larry Johnson	SS Bernard Pollard
17.	Miami	RB	Ronnie Brown	QB	Chad Pennington	WR	Ted Ginn Jr	FS Gibril Wilson
18.	Minnesota	RB	Adrian Peterson	WR	Bernard Berrian	RB	Chester Taylor	DE Jared Allen
19.	New England	QB	Tom Brady	WR	Randy Moss	WR	Wes Welker	SS Brandon Meriweather
20.	New Orleans	QB	Drew Brees	WR	Marques Colston	RB	Pierre Thomas	LB Jonathan Vilma
21.	New York Giants	RB	Brandon Jacobs	QB	Eli Manning	RB	Ahmad Bradshaw	DE Osi Umenyiora
22.	New York Jets	RB	Thomas Jones	WR	Jerricho Cotchery	TE	Dustin Keller	LB David Harris
23.	Oakland	RB	Darren McFadden	TE	Zach Miller	QB	JaMarcus Russell	LB Kirk Morrison
24.	Philadelphia	RB	Brian Westbrook	QB	Donovan McNabb	WR	DeSean Jackson	DE Trent Cole
25.	Pittsburgh	RB	Willie Parker	QB	Ben Roethlisberger	WR	Santonio Holmes	LB James Harrison
26.	San Diego	RB	LaDainian Tomlinson	QB	Philip Rivers	TE	Antonio Gates	FS Eric Weddle
27.	San Francisco	RB	Frank Gore	WR	Michael Crabtree	QB	Shaun Hill	LB Patrick Willis
28.	Seattle	WR	TJ Houshmandzadeh	TE	John Carlson	QB	Matt Hasselbeck	LB Lofa Tatupu
29.	St Louis	RB	Steven Jackson	QB	Marc Bulger	WR	Donnie Avery	FS Oshiomogho Atogwe
30.	Tampa Bay	TE	Kellen Winslow	RB	Derrick Ward	WR	Antonio Bryant	LB Barrett Ruud
31.	Tennessee	RB	Chris Johnson	RB	LenDale White	TE	Bo Scaife	DE Kyle Vanden Bosch
32.	Washington	RB	Clinton Portis	TE	Chris Cooley	WR	Santana Moss	SS Chris Horton



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2009 DRAFT DAY REFERENCE PAGE

QUARTERBACKS

		BYE
1 Drew Brees	NO	5
2 Tom Brady	NE	8
3 Peyton Manning	IND	6
4 Philip Rivers	SD	5
5 Aaron Rodgers	GB	5
6 Tony Romo	DAL	6
7 Donovan McNabb	PHI	4
8 Kurt Warner	ARI	4
9 Jay Cutler	CHI	5
10 Matt Ryan	ATL	4
11 Carson Palmer	CIN	8
12 Matt Cassel	KC	8
13 Ben Roethlisberger	PIT	8
14 Eli Manning	NYG	10
15 Brett Favre	MIN	9
16 Matt Schaub	HOU	10
17 Kyle Orton	DEN	7
18 Matt Hasselbeck	SEA	7
19 Trent Edwards	BUF	9
20 Jason Campbell	WAS	8
21 Jake Delhomme	CAR	4
22 David Garrard	JAX	7
23 Joe Flacco	BAL	7
24 Brady Quinn	CLE	9
25 Shaun Hill	SF	6
26 JaMarcus Russell	OAK	9
27 Chad Pennington	MIA	6
28 Marc Bulger	STL	9
29 Mark Sanchez	NYJ	9
30 Kerry Collins	TEN	7
31 Luke McCown	TB	8
32 Daunte Culpepper	DET	7
33 Byron Leftwich	TB	8
34 Derek Anderson	CLE	9
35 Sage Rosenfels	MIN	9
36 Matthew Stafford	DET	7
37 Matt Leinart	ARI	4
38 Chad Henne	MIA	6
39 Jeff Garcia	OAK	9
40 Tyler Thigpen	KC	8
41 Chris Simms	DEN	7
42 Kellen Clemens	NYJ	9
43 Josh Freeman	TB	8
44 Ryan Fitzpatrick	BUF	9
45 JT O'Sullivan	CIN	8
46 Alex Smith	SF	6
47 Jon Kitna	DAL	6
48 Kyle Boller	STL	9
49 Seneca Wallace	SEA	7
50 Vince Young	TEN	7

RUNNING BACKS

		BYE
1 Adrian Peterson	MIN	9
2 Michael Turner	ATL	4
3 Maurice Jones-Drew	JAX	7
4 Matt Forte	CHI	5
5 LaDainian Tomlinson	SD	5
6 Steven Jackson	STL	9
7 Chris Johnson	TEN	7
8 Frank Gore	SF	6
9 DeAngelo Williams	CAR	4
10 Brian Westbrook	PHI	4
11 Clinton Portis	WAS	8
12 Marshawn Lynch	BUF	9
13 Thomas Jones	NYJ	9
14 Marion Barber	DAL	6
15 Brandon Jacobs	NYG	10
16 Kevin Smith	DET	7
17 Steve Slaton	HOU	10
18 Ryan Grant	GB	5
19 Ronnie Brown	MIA	6
20 Joseph Addai	IND	6
21 Larry Johnson	KC	8
22 Willie Parker	PIT	8
23 Darren McFadden	OAK	9
24 Jonathan Stewart	CAR	4
25 Pierre Thomas	NO	5
26 Knowshon Moreno	DEN	7
27 LenDale White	TEN	7

28 Reggie Bush	NO	5
29 Derrick Ward	TB	8
30 Jamal Lewis	CLE	9
31 Cedric Benson	CIN	8
32 Willis McGahee	BAL	7
33 Chris Wells	ARI	4
34 Fred Taylor	NE	8
35 Le'Ron McClain	BAL	7
36 Darren Sproles	SD	5
37 Donald Brown	IND	6
38 Felix Jones	DAL	6
39 Chester Taylor	MIN	9
40 Earnest Graham	TB	8
41 Ahmad Bradshaw	NYG	10
42 Tim Hightower	ARI	4
43 Julius Jones	SEA	7
44 Jerious Norwood	ATL	4
45 Jamaal Charles	KC	8
46 LeSean McCoy	PHI	4
47 Laurence Maroney	NE	8
48 Rashard Mendenhall	PIT	8
49 Ricky Williams	MIA	6
50 Leon Washington	NYJ	9
51 Fred Jackson	BUF	9
52 Ray Rice	BAL	7
53 Maurice Morris	DET	7
54 Sammy Morris	NE	8
55 Correll Buckhalter	DEN	7
56 Michael Bush	OAK	9
57 Edgerrin James	FA	-
58 Justin Fargas	OAK	9
59 Shonn Greene	NYJ	9
60 Ladell Betts	WAS	8
61 Tashard Choice	DAL	6
62 Dominic Rhodes	BUF	9
63 T.J. Duckett	SEA	7
64 Kevin Faulk	NE	8
65 Brandon Jackson	GB	5
66 Mewelde Moore	PIT	8
67 Jerome Harrison	CLE	9
68 Kevin Jones	CHI	5
69 Kenny Watson	CIN	8
70 LaMont Jordan	DEN	7
71 Kolby Smith	KC	8
72 Danny Ware	NYG	10
73 Chauncey Washington	JAX	7
74 James Davis	CLE	9
75 Deuce McAllister	FA	-

WIDE RECEIVERS

		BYE
1 Larry Fitzgerald	ARI	4
2 Andre Johnson	HOU	10
3 Randy Moss	NE	8
4 Calvin Johnson	DET	7
5 Reggie Wayne	IND	6
6 Steve Smith	CAR	4
7 Greg Jennings	GB	5
8 Terrell Owens	BUF	9
9 Roddy White	ATL	4
10 Dwayne Bowe	KC	8
11 Anquan Boldin	ARI	4
12 Brandon Marshall	DEN	7
13 Wes Welker	NE	8
14 Marques Colston	NO	5
15 T.J. Houshmandzadeh	SEA	7
16 Vincent Jackson	SD	5
17 Braylon Edwards	CLE	9
18 Roy Williams	DAL	6
19 Lee Evans	BUF	9
20 Bernard Berrian	MIN	9
21 Antonio Holmes	PIT	8
22 DeSean Jackson	PHI	4
23 Antonio Bryant	TB	8
24 Santana Moss	WAS	8
25 Chad Johnson	CIN	8
26 Anthony Gonzalez	IND	6
27 Hines Ward	PIT	8
28 Torry Holt	JAX	7
29 Jerricho Cotchery	NYJ	9
30 Eddie Royal	DEN	7
31 Kevin Walter	HOU	10

32 Lance Moore	NO	5
33 Donald Driver	GB	5
34 Devin Hester	CHI	5
35 Donnie Avery	STL	9
36 Laveranues Coles	CIN	8
37 Michael Crabtree	SF	6
38 Derrick Mason	BAL	7
39 Chris Chambers	SD	5
40 Ted Ginn Jr	MIA	6
41 Steve Breaston	ARI	4
42 Patrick Crayton	DAL	6
43 Percy Harvin	MIN	9
44 Bobby Engram	KC	8
45 Domenik Hixon	NYG	10
46 Josh Morgan	SF	6
47 Brian Robiskie	CLE	9
48 Deion Branch	SEA	7
49 Kevin Curtis	PHI	4
50 Michael Jenkins	ATL	4
51 Sidney Rice	MIN	9
52 Devery Henderson	NO	5
53 Nate Washington	TEN	7
54 Mark Clayton	BAL	7
55 Justin Gage	TEN	7
56 Mushin Muhammad	CAR	4
57 Steve Smith	NYG	10
58 Jeremy Maclin	PHI	4
59 Miles Austin	DAL	6
60 Joey Galloway	NE	8
61 Isaac Bruce	SF	6
62 Darrius Heyward-Bey	OAK	9
63 Harry Douglas	ATL	4
64 Nate Burleson	SEA	7
65 Chris Henry	CIN	8
66 Mark Bradley	KC	8
67 Earl Bennett	CHI	5
68 Jabar Gaffney	DEN	7
69 Keenan Burton	STL	9
70 Greg Camarillo	MIA	6
71 Antwaan Randle El	WAS	8
72 Limas Sweet	PIT	8
73 Kenny Britt	TEN	7
74 James Hardy	BUF	9
75 Hakeem Nicks	NYG	10

TIGHT ENDS

		BYE
1 Jason Witten	DAL	6
2 Antonio Gates	SD	5
3 Tony Gonzalez	ATL	4
4 Chris Cooley	WAS	8
5 Owen Daniels	HOU	10
6 Dallas Clark	IND	6
7 Kellen Winslow	TB	8
8 John Carlson	SEA	7
9 Greg Olsen	CHI	5
10 Zach Miller	OAK	9
11 Bo Scaife	TEN	7
12 Dustin Keller	NYJ	9
13 Jeremy Shockey	NO	5
14 Brent Celek	PHI	4
15 Kevin Boss	NYG	10
16 Brandon Pettigrew	DET	7
17 Heath Miller	PIT	8
18 Vernon Davis	SF	6
19 Visanthe Shiancoe	MIN	9
20 Tony Scheffler	DEN	7
21 Anthony Fasano	MIA	6
22 Donald Lee	GB	5
23 L.J. Smith	BAL	7
24 Mercedes Lewis	JAX	7
25 Brad Cottam	KC	8
26 Shawn Nelson	BUF	9
27 Ben Watson	NE	8
28 Martellus Bennett	DAL	6
29 Randy McMichael	STL	9
30 Todd Heap	BAL	7
31 Martin Rucker	CLE	9
32 Travis Beckum	NYG	10
33 David Martin	MIA	6
34 Dante Rosario	CAR	4
35 Jermichael Finley	GB	5

KICKERS

		BYE
1 Ryan Longwell	MIN	9
2 Stephen Gostkowski	NE	8
3 Mason Crosby	GB	5
4 Rob Bironas	TEN	7
5 David Akers	PHI	4
6 Neil Rackers	ARI	4
7 Nate Kaeding	SD	5
8 Jason Elam	ATL	4
9 Kris Brown	HOU	10
10 Robbie Gould	CHI	5
11 Nick Folk	DAL	6
12 John Kasay	CAR	4
13 Rian Lindell	BUF	9
14 Joe Nedney	SF	6
15 Shayne Graham	CIN	8
16 Garrett Hartley	NO	5
17 Josh Brown	STL	9
18 Matt Prater	DEN	7
19 Josh Scobee	JAX	7
20 Lawrence Tynes	NYG	10
21 Phil Dawson	CLE	9
22 Adam Vinatieri	IND	6
23 Jeff Reed	PIT	8
24 Jason Hanson	DET	7
25 Mike Nugent	TB	8
26 Dan Carpenter	MIA	6
27 Jay Feely	NYJ	9
28 Connor Barth	KC	8
29 Olindo Mare	SEA	7
30 Sebastian Janikowski	OAK	9
31 Shaun Suisham	WAS	8
32 Steven Hauschka	BAL	7
33 Matt Bryant	TB	8
34 Brandon Coutu	SEA	7
35 Graham Gano	BAL	7

DEF/SPECIAL TMS

		BYE
1 New York Giants	NYG	10
2 Pittsburgh Steelers	PIT	8
3 Baltimore Ravens	BAL	7
4 Minnesota Vikings	MIN	9
5 Tennessee Titans	TEN	7
6 Miami Dolphins	MIA	6
7 New York Jets	NYJ	9
8 Carolina Panthers	CAR	4
9 Chicago Bears	CHI	5
10 Dallas Cowboys	DAL	6
11 Philadelphia Eagles	PHI	4
12 San Diego Chargers	SD	5
13 New England Patriots	NE	8
14 Green Bay Packers	GB	5
15 Tampa Bay Buccaneers	TB	8
16 Houston Texans	HOU	10
17 San Francisco 49ers	SF	6
18 Washington Redskins	WAS	8
19 Seattle Seahawks	SEA	7
20 Indianapolis Colts	IND	6
21 Oakland Raiders	OAK	9
22 Arizona Cardinals	ARI	4
23 Buffalo Bills	BUF	9
24 Atlanta Falcons	ATL	4
25 Jacksonville Jaguars	JAX	7
26 Denver Broncos	DEN	7
27 New Orleans Saints	NO	5
28 Cleveland Browns	CLE	9
29 Kansas City Chiefs	KC	8
30 St Louis Rams	STL	9
31 Cincinnati Bengals	CIN	8
32 Detroit Lions	DET	7

Fantasy Football Top 100 Picks

Here are our Top 100 fantasy football rankings roughly based on 12 teams in a basic scoring format. Different leagues emphasize different scoring methods, & you should make adjustments in your draft to correspond to your league's scoring system. This year the Top 10 shows 6 are from the RB position. The Top 25 gives the nod to RB's & then WR's. The Top 50 keeps RB's at the top (19) followed closely by WR (17). (Top 10: QB=2, RB=6, WR=2), (Top 25: QB=5, RB=13, WR=6, TE=1), & (Top 50: QB=9, RB=19, WR=17, TE=4, K=0, DEF=1).

#	PLAYER	POS	TEAM	BYE	#	PLAYER	POS	TEAM	BYE
1	Adrian Peterson	RB	MIN	9	51	Joseph Addai	RB	IND	6
2	Michael Turner	RB	ATL	4	52	Pittsburgh Steelers	DEF	PIT	8
3	Maurice Jones-Drew	RB	JAX	7	53	Matt Ryan	QB	ATL	4
4	Drew Brees	QB	NO	5	54	Carson Palmer	QB	CIN	8
5	Matt Forté	RB	CHI	5	55	Owen Daniels	TE	HOU	10
6	Tom Brady	QB	NE	8	56	Roy Williams	WR	DAL	6
7	LaDainian Tomlinson	RB	SD	5	57	Lee Evans	WR	BUF	9
8	Steven Jackson	RB	STL	9	58	Matt Cassel	QB	KC	8
9	Larry Fitzgerald	WR	ARI	4	59	Larry Johnson	RB	KC	8
10	Andre Johnson	WR	HOU	10	60	Ryan Longwell	K	MIN	9
11	Chris Johnson	RB	TEN	7	61	Stephen Gostkowski	K	NE	8
12	Peyton Manning	QB	IND	6	62	Bernard Berrian	WR	MIN	9
13	Randy Moss	WR	NE	8	63	Willie Parker	RB	PIT	8
14	Frank Gore	RB	SF	6	64	Darren McFadden	RB	OAK	9
15	Philip Rivers	QB	SD	5	65	Jonathan Stewart	RB	CAR	4
16	DeAngelo Williams	RB	CAR	4	66	Baltimore Ravens	DEF	BAL	7
17	Brian Westbrook	RB	PHI	4	67	Ben Roethlisberger	QB	PIT	8
18	Calvin Johnson	WR	DET	7	68	Santonio Holmes	WR	PIT	8
19	Jason Witten	TE	DAL	6	69	Minnesota Vikings	DEF	MIN	9
20	Clinton Portis	RB	WAS	8	70	Dallas Clark	TE	IND	6
21	Reggie Wayne	WR	IND	6	71	Kellen Winslow	TE	TB	8
22	Steve Smith	WR	CAR	4	72	Mason Crosby	K	GB	5
23	Marshawn Lynch	RB	BUF	9	73	Rob Bironas	K	TEN	7
24	Thomas Jones	RB	NYJ	9	74	DeSean Jackson	WR	PHI	4
25	Aaron Rodgers	QB	GB	5	75	Pierre Thomas	RB	NO	5
26	Tony Romo	QB	DAL	6	76	Eli Manning	QB	NYG	10
27	Greg Jennings	WR	GB	5	77	John Carlson	TE	SEA	7
28	Marion Barber	RB	DAL	6	78	Knowshon Moreno	RB	DEN	7
29	Antonio Gates	TE	SD	5	79	LenDale White	RB	TEN	7
30	Tony Gonzalez	TE	ATL	4	80	Reggie Bush	RB	NO	5
31	Brandon Jacobs	RB	NYG	10	81	Derrick Ward	RB	TB	8
32	Terrell Owens	WR	BUF	9	82	Antonio Bryant	WR	TB	8
33	Roddy White	WR	ATL	4	83	Jamal Lewis	RB	CLE	9
34	Donovan McNabb	QB	PHI	4	84	Tennessee Titans	DEF	TEN	7
35	Dwayne Bowe	WR	KC	8	85	Santana Moss	WR	WAS	8
36	Anquan Boldin	WR	ARI	4	86	Brett Favre	QB	MIN	9
37	Kevin Smith	RB	DET	7	87	Greg Olsen	TE	CHI	5
38	Brandon Marshall	WR	DEN	7	88	Chad Johnson	WR	CIN	8
39	Kurt Warner	QB	ARI	4	89	Zach Miller	TE	OAK	9
40	Wes Welker	WR	NE	8	90	Matt Schaub	QB	HOU	10
41	Steve Slaton	RB	HOU	10	91	Cedric Benson	RB	CIN	8
42	Ryan Grant	RB	GB	5	92	David Akers	K	PHI	4
43	Marques Colston	WR	NO	5	93	Anthony Gonzalez	WR	IND	6
44	Ronnie Brown	RB	MIA	6	94	Willis McGahee	RB	BAL	7
45	Chris Cooley	TE	WAS	8	95	Chris Wells	RB	ARI	4
46	TJ Houshmandzadeh	WR	SEA	7	96	Kyle Orton	QB	DEN	7
47	Jay Cutler	QB	CHI	5	97	Hines Ward	WR	PIT	8
48	NY Giants	DEF	NYG	10	98	Torry Holt	WR	JAX	7
49	Vincent Jackson	WR	SD	5	99	Jerricho Cotchery	WR	NYJ	9
50	Braylon Edwards	WR	CLE	9	100	Matt Hasselbeck	QB	SEA	7