

SEATTLE vs ST LOUIS - - Last 10 Years Matchups

| Year Played | Line on Game | Total of Game | Points | | | -- SITE -- Home, Away or Neutral (†) | SEATTLE | | | | | | | ST LOUIS | | | | | | | Turnovers | Home Team | Upset? | Yards | | | | | |
|-------------|--------------|---------------|--------|----|-----|---|----------|-------|---------|------|----------|-------|----------|----------|----------|-------|---------|------|----------|-------|-----------|-----------|--------|-------|----------|---|----|------|-----------|
| | | | SEA | vs | STL | | Rush | | | Pass | | | Sacks VS | DEF FD | Rush | | | Pass | | | | | | | Sacks BY | | | | |
| | | | | | | | Attempts | Yards | Average | Comp | Attempts | Yards | | | Attempts | Yards | Average | Comp | Attempts | Yards | | | | | | | | | |
| 2000 | 8.0 | 46.5 | 34 | - | 37 | St Louis | 24 | 24 | - | 101 | 4.2 | 20 | - | 31 | 239 | 3 | 28 | 22 | - | 97 | 4.4 | 35 | - | 47 | 379 | 1 | -2 | Win | -136 |
| 2002 | 5.5 | 44.5 | 20 | - | 37 | at St Louis | 13 | 16 | - | 50 | 3.1 | 10 | - | 30 | 240 | 3 | 28 | 42 | - | 218 | 5.2 | 22 | - | 40 | 260 | 1 | -1 | Win | -188 |
| 2002 | -1.5 | 47.0 | 30 | - | 10 | St Louis | 26 | 34 | - | 100 | 2.9 | 20 | - | 32 | 292 | 2 | 17 | 15 | - | 17 | 1.1 | 32 | - | 49 | 254 | 2 | 4 | Win | 121 |
| 2003 | -3.0 | 47.5 | 24 | - | 23 | St Louis | 20 | 22 | - | 96 | 4.4 | 22 | - | 39 | 220 | 4 | 19 | 28 | - | 82 | 2.9 | 21 | - | 34 | 226 | 0 | 1 | Loss | 8 |
| 2003 | 6.5 | 51.5 | 22 | - | 27 | at St Louis | 22 | 27 | - | 135 | 5.0 | 21 | - | 37 | 231 | 2 | 21 | 30 | - | 86 | 2.9 | 20 | - | 32 | 230 | 1 | 0 | Loss | 50 |
| 2004 | -7.0 | 44.0 | 27 | - | 33 | St Louis | 20 | 30 | - | 187 | 6.2 | 20 | - | 35 | 204 | 1 | 21 | 24 | - | 124 | 5.2 | 24 | - | 42 | 317 | 2 | 3 | Loss | Upset -50 |
| 2004 | -1.5 | 50.5 | 12 | - | 23 | at St Louis | 20 | 28 | - | 206 | 7.4 | 15 | - | 36 | 166 | 1 | 24 | 31 | - | 202 | 6.5 | 23 | - | 34 | 260 | 1 | 0 | Win | Upset -90 |
| 2005 | 2.5 | 48.0 | 37 | - | 31 | at St Louis | 26 | 30 | - | 134 | 4.5 | 27 | - | 38 | 299 | 4 | 20 | 17 | - | 77 | 4.5 | 26 | - | 40 | 309 | 4 | 2 | Loss | Upset 47 |
| 2005 | -6.5 | 51.5 | 31 | - | 16 | St Louis | 21 | 36 | - | 174 | 4.8 | 17 | - | 29 | 243 | 0 | 22 | 21 | - | 75 | 3.6 | 28 | - | 40 | 278 | 3 | 0 | Win | 64 |
| 2006 | -3.0 | 45.0 | 30 | - | 28 | at St Louis | 20 | 28 | - | 125 | 4.5 | 19 | - | 34 | 239 | 4 | 21 | 22 | - | 59 | 2.7 | 26 | - | 39 | 309 | 6 | 1 | Win | -4 |
| 2006 | -3.0 | 43.5 | 15 | - | 0 | St Louis | 19 | 26 | - | 160 | 6.2 | 15 | - | 23 | 123 | 6 | 18 | 20 | - | 108 | 5.4 | 26 | - | 40 | 191 | 4 | -1 | Win | -16 |
| 2007 | -8.5 | 39.5 | 33 | - | 6 | St Louis | 19 | 32 | - | 100 | 3.1 | 18 | - | 35 | 189 | 1 | 15 | 17 | - | 53 | 3.1 | 21 | - | 40 | 168 | 7 | 4 | Win | 68 |
| 2007 | -3.5 | 44.5 | 24 | - | 19 | at St Louis | 18 | 19 | - | 87 | 4.6 | 21 | - | 38 | 215 | 5 | 17 | 31 | - | 104 | 3.4 | 23 | - | 37 | 161 | 4 | 0 | Loss | 37 |
| 2008 | -9.5 | 44.0 | 37 | - | 13 | St Louis | 24 | 46 | - | 245 | 5.3 | 12 | - | 20 | 162 | 1 | 14 | 24 | - | 65 | 2.7 | 18 | - | 31 | 175 | 1 | 1 | Win | 167 |
| 2008 | -2.5 | 42.0 | 23 | - | 20 | at St Louis | 16 | 27 | - | 125 | 4.6 | 15 | - | 25 | 208 | 3 | 18 | 31 | - | 131 | 4.2 | 20 | - | 33 | 211 | 1 | 0 | Loss | -9 |
| 2009 | -7.5 | 41.0 | 28 | - | 0 | St Louis | 25 | 34 | - | 167 | 4.9 | 25 | - | 36 | 279 | 0 | 13 | 18 | - | 77 | 4.3 | 17 | - | 36 | 170 | 3 | -2 | Win | 199 |
| 2009 | -4.0 | 42.5 | 27 | - | 17 | at St Louis | 15 | 31 | - | 170 | 5.5 | 14 | - | 25 | 95 | 1 | 23 | 28 | - | 113 | 4.0 | 28 | - | 46 | 251 | 4 | 1 | Loss | -99 |
| 2010 | -2.0 | 40.5 | 3 | - | 20 | at St Louis | 15 | 24 | - | 64 | 2.7 | 21 | - | 37 | 193 | 4 | 19 | 28 | - | 88 | 3.1 | 23 | - | 41 | 261 | 4 | -1 | Win | Upset -92 |
| 2010 | 3.0 | 41.5 | 16 | - | 6 | St Louis | 19 | 35 | - | 141 | 4.0 | 22 | - | 36 | 192 | 0 | 10 | 15 | - | 47 | 3.1 | 19 | - | 36 | 137 | 3 | 0 | Win | Upset 149 |