

CAROLINA vs Seattle - Last 19 Years Matchups

Year Played	Line on Game	Points		-- SITE --	CAROLINA								Seattle								Turnovers	Game Grade	Home Team	Upset?	Net Yards
		CAROLINA	Seattle		OFF YDS	OFF FD	Rushing			Passing			DEF YDS	DEF FD	Rushing			Passing							
				Attemps			Yards	Average	Comp	Attempts	Yards	Sks			Attemps	Yards	Average	Comp	Attempts	Yards					
2018	-3.0	27-30		Seattle	476	26	27-220	8.2	25-30	256	0	397	21	28-75	2.7	22-31	339	2	-1	86.0	Loss	Upset	79		
2016	7.5	7-40		at Seattle	271	14	21-89	4.2	14-33	182	0	534	29	29-240	8.3	28-39	315	3	-1	72.6	Win		-263		
2015	-3.0	27-23		at Seattle	383	25	33-135	4.1	20-36	269	3	334	14	26-115	4.4	18-30	241	4	-2	92.3	Loss		49		
2014	5.5	9-13		Seattle	266	17	31-114	3.7	12-22	152	3	310	19	26-119	4.6	20-32	191	1	0	88.0	Loss		-44		
2013	3.0	7-12		Seattle	253	17	26-134	5.2	16-23	119	1	370	18	26-70	2.7	25-33	300	2	-1	81.9	Loss		-117		
2012	-2.5	12-16		Seattle	190	13	19-82	4.3	12-29	108	4	310	17	35-98	2.8	19-25	212	2	1	80.6	Loss	Upset	-120		
2010	4.0	14-31		at Seattle	283	18	30-131	4.4	18-34	152	3	371	25	31-161	5.2	17-30	210	3	1	67.8	Win		-88		
2007	7.0	13-10		Seattle	322	15	38-114	3.0	19-27	208	0	282	18	14-44	3.1	27-41	238	3	1		Win	Upset	40		
2005	3.5	34-14		at Seattle	212	11	12-36	3.0	15-35	176	2	393	27	51-190	3.7	20-28	203	2	-4		Loss	Upset	-181		
2004	8.0	17-23		at Seattle	342	16	20-94	4.7	19-36	248	0	433	24	43-237	5.5	21-30	196	1	1		Win		-91		
2000	-3.5	26-3		Seattle	447	26	33-125	3.8	27-39	322	2	209	10	11-63	5.7	19-34	146	3	-1		Win		238		