

SEATTLE vs Carolina - Last 19 Years Matchups

Year Played	Line on Game	Points		-- SITE --	SEATTLE								Carolina								Turnovers	Game Grade	Home Team	Upset?	Net Yards
		SEATTLE	Carolina		Home, Away or Neutral (†)	OFF YDS	OFF FD	Rushing			Passing		DEF YDS	DEF FD	Rushing			Passing							
				Attemps				Yards	Average	Comp	Attempts	Yards			Sks	Attemps	Yards	Average	Comp	Attempts					
2018	3.0	30-27		at Carolina	397	21	28-75	2.7	22-31	339	2	476	26	27-220	8.2	25-30	256	0	1	87.5	Loss	Upset	-79		
2016	-7.5	40-7		Carolina	534	29	29-240	8.3	28-39	315	3	271	14	21-89	4.2	14-33	182	0	1	97.7	Win		263		
2015	-7.0	23-27		Carolina	334	14	26-115	4.4	18-30	241	4	383	25	33-135	4.1	20-36	269	3	2	88.9	Loss	Upset	-49		
2014	-5.5	13-9		at Carolina	310	19	26-119	4.6	20-32	191	1	266	17	31-114	3.7	12-22	152	3	0	89.5	Loss		44		
2013	-3.0	12-7		at Carolina	370	18	26-70	2.7	25-33	300	2	253	17	26-134	5.2	16-23	119	1	1	88.5	Loss		117		
2012	2.5	16-12		at Carolina	310	17	35-98	2.8	19-25	212	2	190	13	19-82	4.3	12-29	108	4	-1	93.2	Loss	Upset	120		
2010	-4.0	31-14		Carolina	371	25	31-161	5.2	17-30	210	3	283	18	30-131	4.4	18-34	152	3	-1	80.7	Win		88		
2007	-7.0	10-13		at Carolina	282	18	14-44	3.1	27-41	238	3	322	15	38-114	3.0	19-27	208	0	-1		Win	Upset	-40		
2005	-3.5	14-34		Carolina	393	27	51-190	3.7	20-28	203	2	212	11	12-36	3.0	15-35	176	2	4		Loss	Upset	181		
2004	-8.0	23-17		Carolina	433	24	43-237	5.5	21-30	196	1	342	16	20-94	4.7	19-36	248	0	-1		Win		91		
2000	3.5	3-26		at Carolina	209	10	11-63	5.7	19-34	146	3	447	26	33-125	3.8	27-39	322	2	1		Win		-238		