

CAROLINA vs Seattle - Last 22 Years Matchups

Year Played	Line on Game	Total on Game	Points		-- SITE --	CAROLINA								Seattle								Turnovers	Game Grade	Home Team		Upset?	Net Yards
			CAROLINA	Seattle		OFF YDS	OFF FD	Rushing			Passing		DEF YDS	DEF FD	Rushing			Passing									
					Attempts			Yards	Average	Comp	Attempts	Yards			Sks	Attempts	Yards	Average	Comp	Attempts	Yards						
2022	3.5	44.5	30-24		at Seattle	328	24	46-223	4.8	14-24	120	2	287	16	14-46	3.3	21-36	264	3	2	87.1	Loss	Over	Upset	41		
2019	6.0	49.5	24-30		Seattle	414	28	29-145	5.0	25-42	277	1	428	21	34-154	4.5	20-27	286	2	-2	78.0	Loss	Over		-14		
2018	-3.0	52	27-30		Seattle	476	26	27-220	8.2	25-30	256	0	397	21	28-75	2.7	22-31	339	2	-1	86.0	Loss		Upset	79		
2016	7.5	44	7-40		at Seattle	271	14	21-89	4.2	14-33	182	0	534	29	29-240	8.3	28-39	315	3	-1	72.6	Win	Over		-263		
2015	-3.0	45	27-23		at Seattle	383	25	33-135	4.1	20-36	269	3	334	14	26-115	4.4	18-30	241	4	-2	92.3	Loss			49		
2014	5.5	45	9-13		Seattle	266	17	31-114	3.7	12-22	152	3	310	19	26-119	4.6	20-32	191	1	0	88.0	Loss	Under		-44		
2013	3.0	45	7-12		Seattle	253	17	26-134	5.2	16-23	119	1	370	18	26-70	2.7	25-33	300	2	-1	81.9	Loss	Under		-117		
2012	-2.5	42	12-16		Seattle	190	13	19-82	4.3	12-29	108	4	310	17	35-98	2.8	19-25	212	2	1	80.6	Loss	Under	Upset	-120		
2010	4.0	40	14-31		at Seattle	283	18	30-131	4.4	18-34	152	3	371	25	31-161	5.2	17-30	210	3	1	67.8	Win			-88		
2007	7.0	37	13-10		Seattle	322	15	38-114	3.0	19-27	208	0	282	18	14-44	3.1	27-41	238	3	1		Win		Upset	40		
2005	3.5	44	34-14		at Seattle	212	11	12-36	3.0	15-35	176	2	393	27	51-190	3.7	20-28	203	2	-4		Loss	Over	Upset	-181		
2004	8.0	39	17-23		at Seattle	342	16	20-94	4.7	19-36	248	0	433	24	43-237	5.5	21-30	196	1	1		Win			-91		
2000	-3.5	42.5	26-3		Seattle	447	26	33-125	3.8	27-39	322	2	209	10	11-63	5.7	19-34	146	3	-1		Win			238		