

CAROLINA vs Seattle - Last 24 Years Matchups

Year Played	Rank		Line on Game	Total on Game	Points		-- SITE --	CAROLINA								Seattle								Turnovers	Game Grade	Home Team	Total	Upset?	Net Yards
	CAROLINA	Seattle			CAROLINA	Seattle		Home, Away or Neutral (†)	OFF YDS	OFF FD	Rushing			Passing		DEF YDS	DEF FD	Rushing			Passing								
							Attempts				Yards	Average	Comp	Attempts	Yards			Sks	Attempts	Yards	Average	Comp	Attempts						
2023	#4.5	4.5	42.5	27-37	at Seattle	378	23	14-44	3.1	34-58	361	3	425	27	33-146	4.4	23-36	296	2	1	76.7	Win	Over			-47			
2022	#3.5	3.5	44.5	30-24	at Seattle	328	24	46-223	4.8	14-24	120	2	287	16	14-46	3.3	21-36	264	3	2	87.1	Loss	Over	Upset		41			
2019	#6	6.0	49.5	24-30	Seattle	414	28	29-145	5.0	25-42	277	1	428	21	34-154	4.5	20-27	286	2	-2	78.0	Loss	Over			-14			
2018	#-3	-3.0	52	27-30	Seattle	476	26	27-220	8.2	25-30	256	0	397	21	28-75	2.7	22-31	339	2	-1	86.0	Loss		Upset		79			
2016	#7.5	7.5	44	7-40	at Seattle	271	14	21-89	4.2	14-33	182	0	534	29	29-240	8.3	28-39	315	3	-1	72.6	Win	Over			-263			
2015	#-3	-3.0	45	27-23	at Seattle	383	25	33-135	4.1	20-36	269	3	334	14	26-115	4.4	18-30	241	4	-2	92.3	Loss				49			
2014	#5.5	5.5	45	9-13	Seattle	266	17	31-114	3.7	12-22	152	3	310	19	26-119	4.6	20-32	191	1	0	88.0	Loss	Under			-44			
2013	#3	3.0	45	7-12	Seattle	253	17	26-134	5.2	16-23	119	1	370	18	26-70	2.7	25-33	300	2	-1	81.9	Loss	Under			-117			
2012	#-2.5	-2.5	42	12-16	Seattle	190	13	19-82	4.3	12-29	108	4	310	17	35-98	2.8	19-25	212	2	1	80.6	Loss	Under	Upset		-120			
2010	#4	4.0	40	14-31	at Seattle	283	18	30-131	4.4	18-34	152	3	371	25	31-161	5.2	17-30	210	3	1	67.8	Win				-88			
2007	#7	7.0	37	13-10	Seattle	322	15	38-114	3.0	19-27	208	0	282	18	14-44	3.1	27-41	238	3	1		Win		Upset		40			
2005	#3.5	3.5	44	34-14	at Seattle	212	11	12-36	3.0	15-35	176	2	393	27	51-190	3.7	20-28	203	2	-4		Loss	Over	Upset		-181			
2004	#8	8.0	39	17-23	at Seattle	342	16	20-94	4.7	19-36	248	0	433	24	43-237	5.5	21-30	196	1	1		Win				-91			
2000	#-3.5	-3.5	42.5	26-3	Seattle	447	26	33-125	3.8	27-39	322	2	209	10	11-63	5.7	19-34	146	3	-1		Win				238			