

SEATTLE vs Carolina - Last 24 Years Matchups

Year Played	Rank		Line on Game	Total on Game	Points		-- SITE --	SEATTLE								Carolina								Turnovers	Game Grade	Home Team	Total	Upset?	Net Yards
	SEATTLE	Carolina			SEATTLE	Carolina		Home, Away or Neutral (†)	OFF YDS	OFF FD	Rushing			Passing			DEF YDS	DEF FD	Rushing			Passing							
							Attempts				Yards	Average	Comp	Attempts	Yards	Sk			Attempts	Yards	Average	Comp	Attempts						
2023	#4.5	-4.5	42.5	37-27	Carolina	425	27	33-146	4.4	23-36	296	2	378	23	14-44	3.1	34-58	361	3	-1	76.7	Win	Over		47				
2022	#3.5	-3.5	44.5	24-30	Carolina	287	16	14-46	3.3	21-36	264	3	328	24	46-223	4.8	14-24	120	2	-2	77.1	Loss	Over	Upset	-41				
2019	#6	-6.0	49.5	30-24	at Carolina	428	21	34-154	4.5	20-27	286	2	414	28	29-145	5.0	25-42	277	1	2	82.5	Loss	Over		14				
2018	#3	3.0	46.5	30-27	at Carolina	397	21	28-75	2.7	22-31	339	2	476	26	27-220	8.2	25-30	256	0	1	87.5	Loss		Upset	-79				
2016	#7.5	-7.5	44	40-7	Carolina	534	29	29-240	8.3	28-39	315	3	271	14	21-89	4.2	14-33	182	0	1	97.7	Win	Over		263				
2015	#7	-7.0	40.5	23-27	Carolina	334	14	26-115	4.4	18-30	241	4	383	25	33-135	4.1	20-36	269	3	2	88.9	Loss		Upset	-49				
2014	#5.5	-5.5	45	13-9	at Carolina	310	19	26-119	4.6	20-32	191	1	266	17	31-114	3.7	12-22	152	3	0	89.5	Loss	Under		44				
2013	#3	-3.0	45	12-7	at Carolina	370	18	26-70	2.7	25-33	300	2	253	17	26-134	5.2	16-23	119	1	1	88.5	Loss	Under		117				
2012	#2.5	2.5	42	16-12	at Carolina	310	17	35-98	2.8	19-25	212	2	190	13	19-82	4.3	12-29	108	4	-1	93.2	Loss	Under	Upset	120				
2010	#4	-4.0	40	31-14	Carolina	371	25	31-161	5.2	17-30	210	3	283	18	30-131	4.4	18-34	152	3	-1	80.7	Win			88				
2007	#7	-7.0	37	10-13	at Carolina	282	18	14-44	3.1	27-41	238	3	322	15	38-114	3.0	19-27	208	0	-1		Win		Upset	-40				
2005	#3.5	-3.5	44	14-34	Carolina	393	27	51-190	3.7	20-28	203	2	212	11	12-36	3.0	15-35	176	2	4		Loss	Over	Upset	181				
2004	#8	-8.0	39	23-17	Carolina	433	24	43-237	5.5	21-30	196	1	342	16	20-94	4.7	19-36	248	0	-1		Win			91				
2000	#3.5	3.5	42.5	3-26	at Carolina	209	10	11-63	5.7	19-34	146	3	447	26	33-125	3.8	27-39	322	2	1		Win			-238				