

## SEATTLE vs LA Rams - Last 24 Years Matchups

| Year Played | Rank    |         | Line on Game | Total on Game | Points      | -- SITE -- | SEATTLE |                           |         |        |         |         |      |          | LA Rams |     |         |        |          |       |         |         | Turnovers | Game Grade | Home Team | Total | Upset? | Net Yards |          |
|-------------|---------|---------|--------------|---------------|-------------|------------|---------|---------------------------|---------|--------|---------|---------|------|----------|---------|-----|---------|--------|----------|-------|---------|---------|-----------|------------|-----------|-------|--------|-----------|----------|
|             | SEATTLE | LA Rams |              |               | SEATTLE     |            | LA Rams | Home, Away or Neutral (†) | OFF YDS | OFF FD | Rushing |         |      | Passing  |         |     | DEF YDS | DEF FD | Rushing  |       |         | Passing |           |            |           |       |        |           |          |
|             |         |         |              |               |             | Attempts   |         |                           |         |        | Yards   | Average | Comp | Attempts | Yards   | Sks |         |        | Attempts | Yards | Average | Comp    |           |            |           |       |        |           | Attempts |
| 2024        | #1.5    | 1.5     | 48           | 20-26         | LA Rams     | 424        | 20      | 33-107                    | 3.2     | 21-34  | 317     | 7       | 366  | 22       | 24-68   | 2.8 | 25-44   | 298    | 0        | -2    | 87.6    | Loss    | Under     |            |           | 58    |        |           |          |
| 2024        | #-7     | -7.0    | 38.5         | 30-25         | at LA Rams  | 336        | 18      | 24-126                    | 5.3     | 20-27  | 210     | 2       | 403  | 20       | 21-84   | 4.0 | 27-41   | 319    | 3        | 1     | 86.6    | Loss    | Over      |            |           | -67   |        |           |          |
| 2023        | #-5     | -5.0    | 46           | 13-30         | LA Rams     | 180        | 13      | 18-85                     | 4.7     | 16-26  | 112     | 2       | 426  | 27       | 40-92   | 2.3 | 24-38   | 334    | 0        | 0     | 70.6    | Loss    | Under     | Upset      |           | -246  |        |           |          |
| 2023        | #1.5    | 1.5     | 46.5         | 16-17         | at LA Rams  | 291        | 16      | 21-68                     | 3.2     | 24-40  | 236     | 2       | 267  | 20       | 27-82   | 3.0 | 17-31   | 190    | 1        | 0     | 91.7    | Win     | Under     |            |           | 24    |        |           |          |
| 2022        | #-6.5   | -6.5    | 41           | 27-23         | at LA Rams  | 438        | 25      | 22-90                     | 4.1     | 28-39  | 367     | 4       | 319  | 20       | 33-171  | 5.2 | 14-26   | 178    | 4        | 0     | 84.1    | Loss    | Over      |            |           | 119   |        |           |          |
| 2022        | #-5.5   | -5.5    | 41.5         | 19-16         | LA Rams     | 402        | 22      | 36-197                    | 5.5     | 19-31  | 213     | 3       | 269  | 14       | 28-146  | 5.2 | 13-26   | 147    | 5        | -1    | 81.1    | Win     | Under     |            |           | 133   |        |           |          |
| 2021        | #2.5    | 2.5     | 54.5         | 17-26         | LA Rams     | 354        | 22      | 25-92                     | 3.7     | 21-33  | 283     | 2       | 476  | 24       | 29-118  | 4.1 | 25-37   | 365    | 1        | -1    | 80.0    | Loss    | Under     |            |           | -122  |        |           |          |
| 2021        | #6.5    | 6.5     | 46.5         | 10-20         | at LA Rams  | 214        | 13      | 19-80                     | 4.2     | 17-31  | 156     | 3       | 332  | 20       | 29-123  | 4.2 | 21-29   | 244    | 4        | 0     | 82.7    | Win     | Under     |            |           | -118  |        |           |          |
| 2020        | #2.5    | 2.5     | 54.5         | 16-23         | at LA Rams  | 333        | 20      | 22-113                    | 5.1     | 22-37  | 248     | 6       | 389  | 24       | 29-106  | 3.7 | 27-37   | 302    | 3        | -1    | 82.3    | Win     | Under     |            |           | -56   |        |           |          |
| 2020        | #-1.5   | -1.5    | 47.5         | 20-9          | LA Rams     | 292        | 15      | 24-95                     | 4.0     | 20-32  | 225     | 5       | 334  | 20       | 29-118  | 4.1 | 24-43   | 234    | 3        | 1     | 87.3    | Win     | Under     |            |           | -42   |        |           |          |
| 2020        | #-3     | -3.0    | 42.5         | 20-30         | LA Rams     | 278        | 11      | 25-136                    | 5.4     | 11-27  | 174     | 5       | 333  | 16       | 43-164  | 3.8 | 12-25   | 184    | 3        | -2    | 79.1    | Loss    | Over      | Upset      |           | -55   |        |           |          |
| 2019        | #-1     | -1.0    | 49.5         | 30-29         | LA Rams     | 429        | 25      | 43-167                    | 3.9     | 17-23  | 268     | 1       | 477  | 24       | 18-82   | 4.6 | 29-49   | 395    | 0        | 1     | 82.7    | Win     | Over      |            |           | -48   |        |           |          |
| 2019        | #0      | 0.0     | 47           | 12-28         | at LA Rams  | 308        | 16      | 21-106                    | 5.1     | 22-36  | 245     | 5       | 455  | 26       | 35-162  | 4.6 | 22-32   | 293    | 0        | 1     | 79.0    | Win     | Under     |            |           | -147  |        |           |          |
| 2018        | #7.5    | 7.5     | 50           | 31-33         | LA Rams     | 373        | 20      | 32-190                    | 5.9     | 13-21  | 198     | 2       | 468  | 30       | 30-155  | 5.2 | 23-32   | 321    | 1        | 2     | 88.0    | Loss    | Over      |            |           | -95   |        |           |          |
| 2018        | #9.5    | 9.5     | 51           | 31-36         | at LA Rams  | 414        | 29      | 34-273                    | 8.0     | 17-26  | 176     | 4       | 456  | 25       | 23-149  | 6.5 | 28-39   | 318    | 2        | -1    | 87.9    | Win     |           |            |           | -42   |        |           |          |
| 2017        | #1.5    | 1.5     | 47.5         | 16-10         | at LA Rams  | 241        | 15      | 25-62                     | 2.5     | 24-38  | 179     | 3       | 375  | 21       | 22-100  | 4.5 | 22-47   | 275    | 2        | 3     | 93.3    | Loss    | Under     | Upset      |           | -134  |        |           |          |
| 2017        | #-1     | -1.0    | 47.5         | 7-42          | LA Rams     | 149        | 11      | 17-78                     | 4.6     | 14-30  | 71      | 7       | 352  | 19       | 43-244  | 5.7 | 15-23   | 108    | 2        | -1    | 77.2    | Loss    | Over      | Upset      |           | -203  |        |           |          |
| 2016        | #-5     | -5.0    | 37.5         | 3-9           | at LA Rams  | 306        | 17      | 24-67                     | 2.8     | 22-35  | 254     | 2       | 283  | 17       | 25-64   | 2.6 | 19-30   | 239    | 3        | -1    | 88.3    | Win     | Under     | Upset      |           | 23    |        |           |          |
| 2016        | #-16    | -16.0   | 39           | 24-3          | LA Rams     | 299        | 19      | 30-72                     | 2.4     | 19-26  | 229     | 2       | 183  | 13       | 11-47   | 4.3 | 18-35   | 167    | 4        | -1    | 86.5    | Win     | Under     |            |           | 116   |        |           |          |
| 2015        | #-3.5   | -3.5    | 41           | 31-34         | at St Louis | 343        | 21      | 32-124                    | 3.9     | 32-41  | 251     | 6       | 352  | 19       | 26-76   | 2.9 | 18-24   | 297    | 2        | 2     | 84.1    | Win     |           | Upset      |           | -9    |        |           |          |
| 2015        | #-12    | -12.0   | 40           | 17-23         | St Louis    | 313        | 18      | 22-60                     | 2.7     | 25-41  | 289     | 4       | 207  | 14       | 30-104  | 3.5 | 14-23   | 103    | 0        | -3    | 81.0    | Loss    |           | Upset      |           | 106   |        |           |          |
| 2014        | #-6.5   | -6.5    | 43.5         | 26-28         | at St Louis | 463        | 25      | 29-171                    | 5.9     | 23-36  | 292     | 3       | 275  | 18       | 27-102  | 3.8 | 18-21   | 173    | 0        | 0     | 87.7    | Win     | Over      | Upset      |           | 188   |        |           |          |
| 2014        | #-11.5  | -11.5   | 41.5         | 20-6          | St Louis    | 354        | 16      | 34-132                    | 3.9     | 17-25  | 222     | 3       | 245  | 15       | 19-42   | 2.2 | 26-37   | 203    | 4        | 1     | 89.3    | Win     | Under     |            |           | 109   |        |           |          |
| 2013        | #-11    | -11.0   | 42.5         | 14-9          | at St Louis | 135        | 7       | 15-44                     | 2.9     | 10-18  | 91      | 7       | 339  | 23       | 37-200  | 5.4 | 15-31   | 139    | 3        | 2     | 81.3    | Loss    | Under     |            |           | -204  |        |           |          |
| 2013        | #-12    | -12.0   | 42           | 27-9          | St Louis    | 269        | 20      | 36-111                    | 3.1     | 15-23  | 158     | 4       | 158  | 11       | 18-13   | 0.7 | 21-30   | 145    | 2        | 2     | 89.8    | Win     | Under     |            |           | 111   |        |           |          |
| 2012        | #-3     | -3.0    | 39           | 13-19         | at St Louis | 319        | 19      | 34-179                    | 5.3     | 17-25  | 140     | 2       | 286  | 15       | 27-75   | 2.8 | 17-31   | 211    | 2        | -2    | 83.2    | Win     | Under     | Upset      |           | 33    |        |           |          |
| 2012        | #-11.5  | -11.5   | 42.5         | 20-13         | St Louis    | 362        | 17      | 30-153                    | 5.1     | 15-19  | 209     | 6       | 331  | 20       | 19-79   | 4.2 | 25-42   | 252    | 0        | 1     | 87.2    | Win     | Under     |            |           | 31    |        |           |          |
| 2011        |         | 3.0     | 40           | 24-7          | at St Louis | 289        | 16      | 39-126                    | 3.2     | 15-25  | 163     | 4       | 185  | 13       | 17-42   | 2.5 | 20-40   | 143    | 5        | 1     | 88.2    | Loss    |           | Upset      |           | 104   |        |           |          |
| 2011        |         | -9.0    | 38.5         | 30-13         | St Louis    | 359        | 21      | 32-145                    | 4.5     | 21-34  | 214     | 2       | 281  | 19       | 31-114  | 3.7 | 12-29   | 167    | 3        | 0     | 82.6    | Win     |           |            |           | 78    |        |           |          |
| 2010        |         | -2.0    | 40.5         | 3-20          | at St Louis | 257        | 15      | 24-64                     | 2.7     | 21-37  | 193     | 4       | 349  | 19       | 28-88   | 3.1 | 23-41   | 261    | 4        | -1    | 65.4    | Win     |           | Upset      |           | -92   |        |           |          |
| 2010        |         | 3.0     | 41.5         | 16-6          | St Louis    | 333        | 19      | 35-141                    | 4.0     | 22-36  | 192     | 0       | 184  | 10       | 15-47   | 3.1 | 19-36   | 137    | 3        | 0     | 85.4    | Win     |           | Upset      |           | 149   |        |           |          |
| 2009        |         | -7.5    | 41           | 28-0          | St Louis    | 446        | 25      | 34-167                    | 4.9     | 25-36  | 279     | 0       | 247  | 13       | 18-77   | 4.3 | 17-36   | 170    | 3        | -2    | 81.8    | Win     |           |            |           | 199   |        |           |          |
| 2009        |         | -4.0    | 42.5         | 27-17         | at St Louis | 265        | 15      | 31-170                    | 5.5     | 14-25  | 95      | 1       | 364  | 23       | 28-113  | 4.0 | 28-46   | 251    | 4        | 1     | 66.9    | Loss    |           |            |           | -99   |        |           |          |
| 2008        |         | -9.5    | 44           | 37-13         | St Louis    | 407        | 24      | 46-245                    | 5.3     | 12-20  | 162     | 1       | 240  | 14       | 24-65   | 2.7 | 18-31   | 175    | 1        | 1     |         | Win     |           |            |           | 167   |        |           |          |
| 2008        |         | -2.5    | 42           | 23-20         | at St Louis | 333        | 16      | 27-125                    | 4.6     | 15-25  | 208     | 3       | 342  | 18       | 31-131  | 4.2 | 20-33   | 211    | 1        | 0     |         | Loss    |           |            |           | -9    |        |           |          |
| 2007        |         | -8.5    | 39.5         | 33-6          | St Louis    | 289        | 19      | 32-100                    | 3.1     | 18-35  | 189     | 1       | 221  | 15       | 17-53   | 3.1 | 21-40   | 168    | 7        | 4     |         | Win     |           |            |           | 68    |        |           |          |
| 2007        |         | -3.5    | 44.5         | 24-19         | at St Louis | 302        | 18      | 19-87                     | 4.6     | 21-38  | 215     | 5       | 265  | 17       | 31-104  | 3.4 | 23-37   | 161    | 4        | 0     |         | Loss    |           |            |           | 37    |        |           |          |
| 2006        | #-3     | -3.0    | 45           | 30-28         | at St Louis | 364        | 20      | 28-125                    | 4.5     | 19-34  | 239     | 4       | 368  | 21       | 22-59   | 2.7 | 26-39   | 309    | 6        | 1     |         | Loss    |           |            |           | -4    |        |           |          |
| 2006        | #-3     | -3.0    | 43.5         | 15-0          | St Louis    | 283        | 19      | 26-160                    | 6.2     | 15-23  | 123     | 6       | 299  | 18       | 20-108  | 5.4 | 26-40   | 191    | 4        | -1    |         | Win     |           |            |           | -16   |        |           |          |
| 2005        | #2.5    | 2.5     | 48           | 37-31         | at St Louis | 433        | 26      | 30-134                    | 4.5     | 27-38  | 299     | 4       | 386  | 20       | 17-77   | 4.5 | 26-40   | 309    | 4        | 2     |         | Loss    |           | Upset      |           | 47    |        |           |          |
| 2005        | #-6.5   | -6.5    | 51.5         | 31-16         | St Louis    | 417        | 21      | 36-174                    | 4.8     | 17-29  | 243     | 0       | 353  | 22       | 21-75   | 3.6 | 28-40   | 278    | 3        | 0     |         | Win     |           |            |           | 64    |        |           |          |
| 2004        |         | -7.0    | 44           | 27-33         | St Louis    | 391        | 20      | 30-187                    | 6.2     | 20-35  | 204     | 1       | 441  | 21       | 24-124  | 5.2 | 24-42   | 317    | 2        | 3     |         | Loss    |           | Upset      |           | -50   |        |           |          |
| 2004        |         | -1.5    | 50.5         | 12-23         | at St Louis | 372        | 20      | 28-206                    | 7.4     | 15-36  | 166     | 1       | 462  | 24       | 31-202  | 6.5 | 23-34   | 260    | 1        | 0     |         | Win     |           | Upset      |           | -90   |        |           |          |
| 2004        |         | -3.0    | 50.5         | 20-27         | at St Louis | 413        | 24      | 20-81                     | 4.1     | 27-43  | 332     | 3       | 396  | 22       | 27-102  | 3.8 | 18-32   | 294    | 5        | 0     |         | Win     | Under     | Upset      |           | 17    |        |           |          |
| 2003        |         | -3.0    | 47.5         | 24-23         | St Louis    | 316        | 20      | 22-96                     | 4.4     | 22-39  | 220     | 4       | 308  | 19       | 28-82   | 2.9 | 21-34   | 226    | 0        | 1     |         | Win     |           |            |           | 8     |        |           |          |
| 2003        |         | 6.5     | 51.5         | 22-27         | at St Louis | 366        | 22      | 27-135                    | 5.0     | 21-37  | 231     | 2       | 316  | 21       | 30-86   | 2.9 | 20-32   | 230    | 1        | 0     |         | Win     |           |            |           | 50    |        |           |          |
| 2002        | #5.5    | 5.5     | 44.5         | 20-37         | at St Louis | 290        | 13      | 16-50                     | 3.1     | 10-30  | 240     | 3       | 478  | 28       | 42-218  | 5.2 | 22-40   | 260    | 1        | -1    |         | Win     |           |            |           | -188  |        |           |          |
| 2002        | #-1.5   | -1.5    | 47           | 30-10         | St Louis    | 392        | 26      | 34-100                    | 2.9     | 20-32  | 292     | 2       | 271  | 17       | 15-17   | 1.1 | 32-49   | 254    | 2        | 4     |         | Win     |           |            |           | 121   |        |           |          |
| 2000        | #8      | 8.0     | 46.5         | 34-37         | St Louis    | 340        | 24      | 24-101                    | 4.2     | 20-31  | 239     | 3       | 476  | 28       | 22-97   | 4.4 | 35-47   | 379    | 1        | -2    |         | Loss    |           |            |           | -136  |        |           |          |